

<u>Living Water</u> <u>Refreshing Rhymes</u> <u>For All Times</u>:

Written by Elsie Fiegland Nass

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Living Water Refreshing Rhymes For All Times

Poems of
True Life Experiences
Written by

Elsie Fiegland Nass

Written to the World to show you there is Hope in God for everyday when you stay close to Him through Prayer and the Truth in His Bible, which will set you free to enjoy life!

<u>Living Water</u> <u>Refreshing Rhymes</u> <u>For All Times</u>:

Written by Elsie Fiegland Nass

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FOREWORD

All Elsie's poems were inspired by her personal life experiences of her many illnesses which inspired her to write them. Her faith in God was strengthened as she witnessed His healing power to answer prayer, and bring her back on her feet after life threatening obstacles. This creation is Elsie's lifelong dream to create a poetry book to reach people's needs and further the Kingdom of God.

Ephesians 3:20 Living Bible says:

Now Glory be to God, Who by His mighty power at work within us, is able to do far more than we would ever dare to ask or even dream of – infinitely- beyond our highest prayers, desires, thoughts or hopes.

"Inspired Theme" for the cover page picture
Psalm 1:2-3

Blessed is the man who delights in the law of the Lord, and meditates on it day and night.

He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither, whatever he does shall prosper and come to maturity.

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A LIVING CARE BEAR

IF a "CARE BEAR" can help to

bear our cares—

How much MORE should WE fare

one another's cares to bear!

Oh, to be a "human care bear",

making spirits light—

May we add a bit of OHEER and

SUNSHINE, SMILING with delight!

May we find ourselves more CARE-FULL
instead of full of cares 'n GRUMPIES,
For God's own SUN still shines on us
EVEN WHEN life is rough 'n bumpy!
Let's give the world a RAY OF HOPE
like the RAINBOW in the sky-Until a BRAND NEW DAY IS BORN
and CUR DREAMS are fully realized!

May we "LOVE ONE ANOTHER" and
be a "FRIEND THAT CARES"-As we lift each other up in
word and deed and prayer!
It's not just "WISHFUL THINKING"
when we wish GOOD LUOK to you-For it really helps us "grin and bear"
and makes us TENDERHEARTED, too!

SO, let's take a lesson from the CARE BEARS, if we but DO and DARE-Let's reach out and give the world a "SOFF TOUCH" to help them
SHARE the CARES they BEAR!

....from the heart and pen ofmy God and me, lovingly,

Eleie Fiegland Nass







Mother-Daughter Banquet May 10, 1985

Theme: THE CARE BEARS

THANK YOU, LORD, FOR ISAIAH 26:3

"THOU WILT KEEP HIM IN PERFECT PEACE,
WHOSE MIND IS STAYED ON THEE"-May I learn to live this TRUTH and
TRUST IN GOD implicitly!
Help me look a little higher than the
cares that weigh me down--

Oh, keep my head above the troubled waters, e'er I sink and drown!

Oh, Lord, reach down from heaven and take a hold of me;
Raise me, Jesus in NEW HOPE until I'm safe in Thee!
Plant my feet on higher ground;
Oh, let my eyes be fixed above,
For I know if I LCOK UP,
you'll be looking down in love!

Lord, I believe—help thou my unbelief,
I know that you "can do it"!
You said you'd answer right on time,
If we, ourselves, to Thee submit!
Yes, I know you keep in perfect peace,
a mind that's fixed on Thee—
I KNOW IT'S TRUE, DEAR LORD,
BECAUSE IT HAPPENED UNTO ME!

Thank you, Lord, for sending me
a rainbow in my sky-You gave me HOPE and PERFECT PEACE,
a new day dawns on high!
For every night, there comes a morn-a sunrise and sunset;
LORD, I WOULD PRAISE THEE, NOW, for yesterday,
lest my "good days" I forget!

Amen!

.....with inspiration from above,
....from the heart and pen of
......my Lord and me......

Elsie Fiegland Nass

"THOU WILT KEEP HIM IN PERFECT PEACE, WHOSE MIND IS STAYED ON THEE: BECAUSE HE TRUSTETH IN THEE! TRUST IN THE LORD FOREVER: FOR IN THE LORD, JEHOVAH, IS EVERLASTING STRENGTH."







In God We Trust



HE GIVES SONGS IN THE NIGHT

Now, don't be discouraged and don't be blue-For our God up in Heaven knows all about you!
Yes, He knows and He cares and He understands, too;
Oh, why can't we TRUST, like the Birdies do???

There's the Sparrow that sings through the rain and the snow;
He chirps about hopefully, with no cares to show.
He flies up above, earth's grime down belowOh, what a message His Song does bestow!

The Nightingale, too, is a hope to mankind;
For in the dark of the night, its song we will find!
Oh, what Blessing this is to the troubled mindFor a song in the night is the sweetest kind!

Ch, take heart! There's HOPE in God's sheltering wings;
He, too, offers songs in the night to bring!
He'll guide through the shadows, if we to Him cling'Till we learn like the birds, to cheer up and sing!

from the inspiration of Job 35: 10-11

. and the pen and heart of my Lord,

..... and me, gratefully.....

Elsie Fiegland Nass

regland Dass

I CAN STILL LOCK UP

Some folks say....

it's a waste of time

to be down, "sick in bed"-
And eventhough

it seems it's true,

it can be "otherwise", instead:

For you see,

a body may be "down"

and the spirit "down and out"-
BUT WITH GOD,

the SOUL AND BODY BE RENEWED,

if we TRUST AND NEVER DOUBT!

God tells me....

when the "flesh is weak,

the Spirit can be strong"-
And I believe

in Him, who said it,

for He alone can do no wrong:

The Bible says....

that in this life,

there shall be tribulation-
But that Christ, Himself,

would be our refuge-
that He'd be our Salvation!

"Come unto me",
 I hear Him say,
 and I will give you REST"-So, I just "COME"
 and leave "The Rest" to Him,
 for He knows what is best!

He elso said....

He'd "LIFT US UP",

if, on Him, we'd cest our cares"-
So, I learn

to take HIM AT HIS WCRD

and leave my burdens there!

TODAY, I LEARNED TO LIVE,
..."flat on my back"....
'cause I could still LCOK UP, you see!
NCW, there's HOPE

for every new tomorrow
BECAUSE GOD SAID HE'D BE WITH ME!

.....from the pen and heart of my Lord, and me......









Eloie Dass

OF, MY ACHIN' BACK

They say "my troubles are IN BACK OF ME and that I'm in my prime"....

But, I get a different message radiating up and down my spine!

It's what they call "pain in the neck", only mine is in my back, instead;

Just a "disc-cord" of aches and pains, which somehow keep me flat in bed!

Yet, eventhough, I'm down today....

this does not spell defeat,

'Cause I can learn once more TO STAND UPON MY OWN TWO FEET!



Somehow, "I feel it in my bones" with therapy, I'll mend;

It's "watch your step"; just take it easy, "round that bend"!

Yes, "EASY, EASY, DOES IT"; they say, "it is s fact".....

BUT, still, I wish my troubles were...

IN BACK CF ME....instead of.....

"in my achin' back"!

....from the pen and heart...

... and backbone of me....

Elsie Fiegland Nass

THE THENTY-THIRD PSALM

(Paraphrased)

BLUEPRINT FOR SUCCESSFUL LIVING

The Lord is MY HEALTH and STRENGTH...
He taketh away my DEFICIENCIES!

When I am weak, He prescribes

"REST AND RELAXATION" and "SPRINGS

IN MY VALLEYS", for me!
YEA, the Lord is the HEALTH OF MY CCUNTENANCE!
His TENDER-LOVING CARE is my NUTRITION,
which maketh me whole!

He bids me "EXERCISE MY FAITH" and <u>let Him</u> FORTIFY my being and REFRESH my soul!

So...I just "JOG ALONG" in the JCY OF THE LORD and in the POWER OF HIS MIGHT-Looking with expectancy to the GLORIES of that HEAVENLY HEALTH SPA, in sight!

Though the waters about me are rough and deep,

I'll not be afraid!

I'll just "SWIM ON"...for with Christ as

my LIFEGUARD, I need not be dismayed!
YEA, the Lord is MY LIFE SAVER--

through troubled waters, He holds me up!
And with the LIGHTS OF THE SHORE in sight,

I dare not give up!

With RIVERS OF PEACE, my cup is filled...
to the brim and MORE!

I <u>feast</u> on "HIS VITAMINS"...My strength is R-E-S-T-O-R-E-D!

His MATCHLESS MERCIES are mine without endas HIS GRACE is SHOWERED ON ME!

NOW, ABUNDANT LIFE IS MINE through HIS LOVE and WILL BE through ALL ETERNITY!

"'My grace is all you need, for my power is greatest when you are weak.'"

2 Carinthians 12.9 (GNT)

AMEN ... and GLORY BE!

from the pen and heart of my Lord and me.

Elsie Fiegland Nass





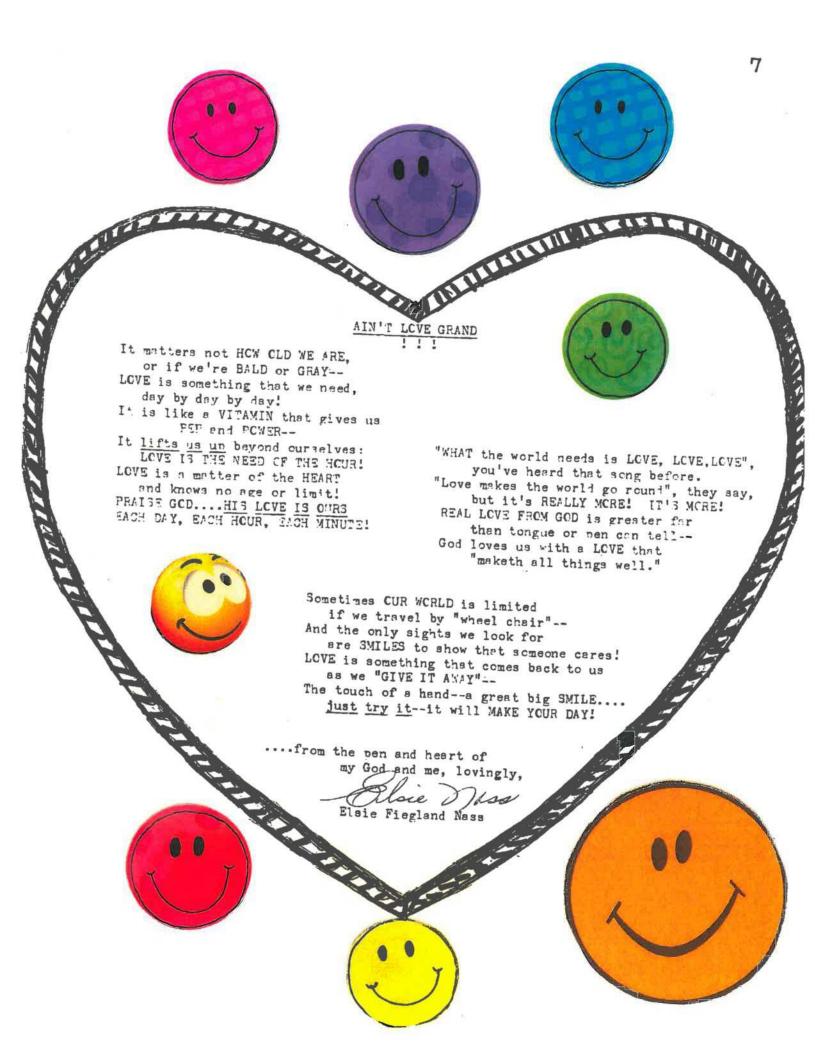
So then faith cometh by hearing, and hearing by the word of God.

– Romans 10.17 (KJV)

Inspiration:

(A personalized version for the modern, health-conscious trend)

September 1, 1985



YOU CAN WIN

Sometimes life is rough and tough
and trials are hard to bear,
But do not let the circumstances crush you
beneath your load of care-Do not let your burdens rob you
of the VICTORY that is yours,
For you can win and conquer anything.

if you keep on trying, and endure!

So keep on keeping "on and on",
until you reach your goal-YOU CAN DO IT in the Lord's strength,
if you want to be a "winning soul".

All power is available for you,
to resist wrong, and overcome-Then, do not settle for anything but
those Blessed Words "WELL DONE"!

Anyone can be a loser,
and just "give up and quit"-But if you are on the "Lord's Side",
you're the WINNING SIDE, don't e'er forget!
And someday all our "so-called trials"
will be "naught" to comprehend,
When we've finished life's fleeting race
and WON IT, in the end!

But, we don't have to "wait around"
and "went" until "just then"-We can be "a winner"

right here, right now! We can!
And e'enthough the present may seem
bleak beyond compare,
God can make us CVERCOMERS,
instead of "overcome with care!"

.....from the pen and heart of.

.....my God and me.....

Elsie Fiegland Ness

I WANT MY LIFE TO TELL....

As long as I have breath,

myhighest aim will ever be...

To praise and glorify my Lord

end let His likeness be seen in me!

He is my Saviour and my friend
my all in all--my everything...

And I just want to THANK HIM

for the blessings that He brings!



IOP1

PRAISE GOD for answered prayer-for HIS PROTECTION and HIS CARE-For HIS WATCHFUL EYE and GUIDING HAND
that lets me know that He is there:

He is my GREAT PHYSICIAN who knows just what I need and what is best, you see!

HE IS ABLE--even MORE THAN ABLE and I TRUST HIM with my all, implicitly!



Ho lintens to my whispered prayer
when I cannot even speak a word!
He puts a song within my heart, eventho
the MELODY cannot be heard!

How I long to sing His praises and HALLELUJAH shout--I would truly make a joyful noise but I'm letting God JUST WOPK IT OUT!

PRAISE GCD for interceding prayer—
that does what we can't do...

PRAISE GCD for HOPE for each new day—
HIS HOPE to see us through...

Yet, above all else—no matter what—
I want my life to tell for Him
That Jesus is my ALL IN ALL...and PRAISE
GOD...with Him, my all is well! Amen



From the pen and heart of my God and me.... gratefully.....

Elsie Fiegland Nass

P.S.

My testimony, as God is working on my life, during my recent illness. PreiseGod for His Hand on my life that will safely bring me through.

HAPPINESS IS THE LCRD

Happiness is "this" and happiness is "that", according to the times......
But there's no HAPPINESS like that of "keeping in step" with God's rhythms and rhymes!

This is a JCY that the world cannot give.

is is a JCY that the world cannot give nor take it away from you--

It reaches down deep in the depths of your heart; IT'S SOMETHING THAT'S "REAL" AND "TRUE"!

It's an "ABUNDANT CUP OF JOY"
living in HARMONY with "God" and "life",
And by living above our "so-called" trials,
we know there's more to "life" than "strife"!

By reaching for the "good and just", and "measuring out" the "golden rule", We find the SCURCE OF HAPPINESS is GCD-

He is the needed tool!

In Him, we "live" and "move" and "are"-HAPPINESS comes from HIM!

It's J-esus first, and C-thers next-this is the way to win;

Then Y-ou and I must come along
and follow on in third-There is no greater, deeper, lesting JCY-Oh, harken to THE LIVING WORD!



"THESE THINGS have I written to YCU
that YCUR JOY might be "full" and "remain"-"Rejoice in the Lord always"-and spain, I say, "REJOICE", IN HIS NAME!
So, get in step with Jesus,
REAL JOY is your reward;
For, no matter what the world may say-"HAPPINESS IS THE LORD"!





.from the heart and pen of

....my God and me, gratefully,

....my God and me, graterurly

.... Elsie "Fiegland" Ness

.....The Word of God (Living Bible)
.....John 14:11

"I HAVE TOLD YOU THIS THAT YOU WILL BE FILLED WITH MY JCY!
YES, YOUR CUP OF JOY WILL OVERFLOW"!
AMEN!

DON'T LOSE SIGHT OF JESUS

Cut of touch with Jesus -losing sight of Him. Gets us in those predicaments we don't went to be found in. Then will we learn the lesson to begin the day with prayer-To set the Lord before us and keep Him always there?

We think we are too busy and can't take time to pray, But we are only losing time, instead of gaining grounds, this wey! Life's demands can cloud out Jesus that we'll lose Him in the crowd--And before we even realize it. with His Presence, no longer, we're endowed!

May we be 'bout our Father's Business and e'er be found right in our place--And keep Him first within our heert, as we run life's daily race! May we keep Him CLCSE at our right hand, so we His purpose can fulfill; For if we lose sight of Jesus, we cannot live within His Will!

May we search and search for Jesus until we "seek and find" --Just like His earthly parents sought Him, when es a boy, they thought, was left behind! It wasn't Jesus that was lost --He was only "lost from sight":

He was about His Father's Business in the temple, learning what was right!

Have you lost sight of Jesus, as you've journied on your way? Ch, do not travel further on You'll find Him at the place of prayer, in the temple of your heart--And when YOU'VE FOUND HIM, KEEF HIM CLCSE IN SIGHT -- DCN'T LET HIS PRESENCE E'ER DEPART!

without His Presence, even for a day!



... from the heart and cen of,

.... my Lord and me, gratefully,

..... with the inspiration of Luke 2: 41-52

- Elsie Fierland Nass





YES, BE WHAT YOU IS
and not what you sin't,
But don't settle for less
than being God's Saint!
There's too much to gain
for you to lose-BUT God leaves the choice,
FCR YCU TO CHCOSE!

Ch, don't be watcha ain't-just be watcha is,

JUST BE YCURSELF: it's as
simple as this;

To your very own self,
you gotte be true-For there's only CNE-CNLY CNE YOU!

Should your life be filled
with woes and with wants,
And deep down inside,
your conscience teunts-Let's not pretend; let's not
make believe,
For thus, ourselves,
we only deceive!

Since God created us all
in His Image,
He wants life's very best
for our pilgrimage.
He beckons us lovingly
"to come unto Him",
And "to cast upon Him
our burden of sin"!

What a Wonderful Saviour and Friend is He,
Who makes us what
"we ought to be"-THE GCOD BCCK tells us
God's message to heed-And to be prayerful "doers"
of what we read!

Then, come to Him, NCW,

"just as you is"-No other Name can Save,

'cept His-If we but confess and

we truly believe,
His forgiveness and mercy
is ours to receive!

Now, if you sin't got "IT",

YOU CAN GET IT-And you'll ne'er be sorry,

nor regret it!
He'll give you the grace

to be His Saint-To be what "you ought to be",

if you sin't!





LIFE IS MORE THAN

"to be" or "not to be",
And God can liberate ANYCNE
who would be free!
God has a purpose for
YCU and YOUR LIFE-IT'S ABUNDANT LIVING,
instead of strife!



....from the nen and heart of "my God and me",
....gratefully....

BUILDERS ALL

You're building a building and so am I, and that building will tell us bye and bye--What sort of builders we really are, and if our workmanship is up to per!

In the beginning, when the foundation is laid, one of the biggest steps is made--For if the foundation is sure and secure, your building will through the ages endure!

But, alas, if the structure is faulty and weak, for the storms of life are rough and bleak--And whether you weather the gale or not, depends upon the foundation you've got!

Use nothing but "the best" you can in carrying out your building plan--For as you build, from "start to ending" you're bound to get what you're contending!

We're builders all, we can't deny-and the "buildings" we're building are "you and I", But when, at last, your building is through, Will you be proud that the builder was you????

Then, too, when your works all come to full view, Will others dere copy the blueprint from you? Ch, why not build a life that's worthwhile--Take God as your architect and BE IN STYLE!

.... from the inspiration of 1 Cor. 3:9-23

.... and the pen and heart of my Lord.

.... and me, gretefully

ELSIE FIEGLAND NASS









One Nation

Under God





"THE PRAYER OF THE UPRIGHT IS HIS DELIGHT."

PROVERBS 15t8

KEEP ON PRAYING



In God We Trust

Oh, keep on, keep on praying—
and do not e'er lose heart;
For Jesus said He'd be with us
never to depart!
He said He'd give us Grace,
no matter what the test,
If we but seek His will,
and WAIT for what is best!

So "keep on praying", church,
and do not be dismayed-Because the Great Physician stands by
to offer us "first aid".
He gives "all power" and "victory"
in real prevailing prayer-So, let us WAIT AND HOPE AND TRUST,
and crowd out all despair:

Our Lord knows what is best,
and knows just what we need;
He will answer "just in time",
He will! HE WILL, INDEED!
Time is not so much a fector,
as it is to do His Will,
And it's often good to wait upon the Lord
and silently be still!

So, let us pray for "one another"
for in oneness, there IS strength;
And the One who is Almighty,
can help US ALL at any length!
He can change our weeknesses
into strength for each new day,
If we take Him at His Word-Believe on Him! Hold fast and WATCH AND PRAY!

SO, KEEP ON PRAYING, TRUSTING,
until the answer comes-God has the right solution,
no matter what the outcome!
Lord, make us willing to accept
all that you have for us,
So that we'll truly be a witness
THAT IN GOD WE REALLY TRUST!



Amen!

.....from the heart and pen of

.....my Lord and me, gratefully,

Slove Dass







WHAT IS THAT IN YOUR HAND?

WHAT IS THAT, oh, what is that—
which you are holding tight?

Open up, oh, open up your hand
and "use it" with all your might!

God has given each a certain "something"
no one else can do—

And if we give the Lord our hearts and hands,
we'll find that THIS IS REALLY TRUE!



Ch, do not weit until "someday"

when you have wiser grown,

For the Tares of life can choke out

the fruitful seeds you've sown-
Begin TODAY, right where you are,

with that which is "at hand";

Use it for the good of God, or lose it

on your self-demands!

Just what is "it", within your reach?
For me, it is a "pen and quill"!
And eventhough it's just a little thing,
it's MUCH, when in God's Will!
So, let us use our "loeves and fishes",
"our widow's mite"--our "rod";
Let's help multiply Life's Blessings
and be in partnership with God!



.....with the inspiration of Exodus 4

.....from the pen and heart of.....

.....my God and me, gratefully.....

AMEN!

WORSHIP TEAM



Elsic Fiegland Nass



SMILE AWHILE

Ch, come along and give the world
a great big smile-For it makes our daily living
more worthwhile!
Should life sometimes be dreary,
here is what to do-SMILE and someone else will
smile right back at you!





Oh, come along and wear
a "happy face"

And you'll make this world
a better place!

A "merry heart" is like a vitamin,
you see,

That is prescribed to "lift"
h-u-m-a-n-i-t-y!

So, smile along, and "chin up"
a-l-w-a-y-s!
Yes, "grin and beer it" is
what they say;
And then, no matter what
this life may bring-You'll find that "smiling"
CHEERS UP ANYTHING!





.....from the heart and pen of

.....my Lord and me, gratefully

Elsie Fiegland Nass

Written for the inspiration of my nephew, who was in the hospital-from my bed-cuarter headquarter to his, because I was flat on my back, at home, with a spinal injury.



WAIT! WAIT! -- they simply say "just whit",
e'en though sometimes it is a hervy "weight" to bear;
But aren't you glad that God can take that heavy "weight"
and help us carry it, by means of PRAYER!

PRAY! PRAY! FRAY! -- it's "don't forget to pray",
for there's wonder-working nower, in prayer-You'll find God listens to each earnest, feeble cry,
if we TRUST and WAIT and LCCK, beyond despair!

"BE STILL, OH SCUL, BE STILL!"--our Saviour says-"AMD KNOW THAT I AM GCD"!-We can read about it, in the "Blessed Book of Books"-about our Maker, Saviour, Feeder and our Lord!



READ! READ! --yes, diligently reed!

God's living Word, for us, is never out of dete!

He's still men's guiding light end lamm, today—

and He'll always be the TRUTH and WAY, as yesterday!

LIVE! LIVE! LIVE! --live on abundantly;
He lives victoriously that we might likewise LIVE!
He loved us all with such GREAT LOVE,
that we might loving service, also, give!



LCVE! LCVE! LCVE! -- love Him, wholeheartedly, and God's love includes "our neighbor", too! You'll ne'er regret the day you opened up your heart to let the LCVE CF GCD reach down to YCU!



You! You! -- remember, as You WAIT-that Christ did matiently wait, first:
But now, that He no longer waits outside your heart's door,
you have really CVESCOME THE WORST!

GCD! GCD! GOD! -- He will help YCU WAIT until the tempest is all o'er -- He will give you GRACE SUFFICIENT, when you need it, for each trial, and even more!

.... from the men and heart of

my God and me, gr-tefully,

BLUEPRINT FOR
SUCCESSFUL LIVING

.. Elsie Fiegland Mass

"WAIT FOR THE LORD: BE BIRONG, AND LET YOUR HEART TAKE OCURAGE; YEA, WAIT FOR THE LORD"

Hobbies are wonderful;
hobbies are great!
They're loads of fun
and they educate.
By sharing your hobby,
your interest, your love-Showers of blessings flow
down from above!

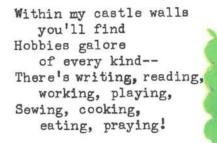
What blessing in music;
what blessing in song-It brightens each hour,
all the day long.
So, if a melody rings
in your heart,
Your hobby is MUSIC
and that's quite an art!

If your soul is vivid,
 alive and artistic-You're quite picturesque
 and sometimes you're mystic,
Be grateful fore'er
 for that "drawing" touch;
Your hobby's the PAINT BRUSH,
 the PICTURE and such!

Should pictures enchant,
but, alas, you can't draw-Your heart would capture
all creation in awe,
Just pick up your camera
and "snap" at reality,
Behold you're an artist-thanks to PHOTOGRAPHY!

To those who are lost in NATURE'S GRANDEUR-They have a hobby and hope most secure!
In Spring, they plant and weed and sow,
And then they watch God make things grow!

How grand that God
can make a tree-That poems were left
for folks like me.
To me--my hobby is quite rare,
For I build castles
in the air!



And then, of course, in the field of SPORTS, There's excitement and thrills

of all sorts-Take FISHING, for instance
it's really great-That is, for all
except the bait!

And then, there's HUNTING
with rifle and gunA sport that's truly
X-citing and fun!
This, too, like fishing
is much the sameIt's fun for the hunter
but not for the game!

And then, there are hobbies with PETS, of course,
Like doggies or cats or even a horse.
Yes, hobbies like these real pleasures afford,
And they truly offer a rich reward!

But there is "one" hobby
that cannot compare
With priceless rewards
received anywhere-It's the hobby of LIVING
AND SERVING MY LOFD,
For peace and contentment
is my sweet reward!

Yes, "HOBBIES ARE WONDERFUL:
HOBBIES ARE GREAT"-Let me again
those words relate!
I'll hide them away
in the depths of my heart,
For they will bring SUNSHINE

....from the heart and pen of

....my Lord and me, gratefully

... Elsie Fiegland Nass ...







REMEMBER THE LIVING, TOO!

It's nice to be remembered and counted in...as a friend...

To have SOMEONE "a-standing by"...just a listenin' ear to lend...

Just to know that SOMEONE'S TRULY CARING 'bout you...

'Cause everybody needs "a somebody"...and everyone is SOMEONE....

regardless "who is who"!

Eventhough our world is filled with people--and even OVER-PCPULATED, they say;

Haven't you noticed SOMEONE who seemed alone and unbefriended, TODAY????

Lost in the crowd! All dressed up...with "no place" to go...

THIS is the fate of many...who...have nothing to live for-no FAITH to show!

It only takes a SMILE--a cheery "Howdy do"...to make one feel included...

TRY IT! See if it's not true!

We can be an "angel unawares"...wherever we may be-A friend to the friendless, LIKE JESUS, if we only open up our hearts
and eyes...and SEE!

We can introduce them to the "Friend of friends", who's closer than a brother;

They need never feel slone again...for God's LOVE binds us "to each other"!

Not only will we "win a friend"...but they will "BE ONE", too...
FOREVER to the ONE...who...gave them LIFE ANEW!

LIFE is made of <u>little things</u>, which really mean a lot;
It's a wonderful feeling TO BE REMEMBERED...and not "just forgot"...
BUT, don't wait "too long"...don't linger...DON'T WAIT!

MAKE SOMEBODY HAPPY, <u>TODAY</u>, lest time intervenes and cries out:
"TOO LITTLE"! "TOO LATE"!

"TOO LITTLE"! "TOO LATE"!
Yes, it's nice to walk down "memory's lane" and be counted in,



NOW IS THE TIME to say "I LOVE YOU"...and "bouquets of roses" to send!

We musn't forget to remember "our loved ones who've gone on before"...

BUT, LET'S ALSO PEMEMBER "THE LIVING".... NOWfor MEMORY is good

TODAY...as well as...FOREVERMORE!

....from the pen and heart of a friend,just me,

....with the inspiration of the unchanging "friend of friends", levingly,

Elsie Fiegland Nass





SCATTERING SEEDS OF KINDNESS

"IT'S JUST A DANDELION,
some folks frown and say!
They somehow "miss the besuty",
as they weed it cut
and
throw it away!
They miss that GOLDEN OPPORTUNITY
to learn from "little things"-How s tiny seed can sprout up

and then take wings!

When seeds are planted in the "springtime of our life", REMEMBER..autumn, too, is coming when

the harvest will be ripe!

SO, let's scatter seeds of kindness,
wherever we may go
For the seeds of today are the
blossoms of tomorrow
and

they will grow and grow!

...from the pen and heart of my God and me...

Elsie Fiegland Nass February 16, 1994







COLOR IT "HARMONY"

You've heard it said that ROSES ARE RED and this, of course, is partly true-Because our God, in His Great Love created other colors, too--And this holds true in ALL of God's creative views!

God made us all, though big or small, and granted us equality.

He formed the air, the earth, the sea and made it GOOD for ALL HUMANITY!

He thought of EVERYTHING, you see, and that included YOU and ME!

God made us HIS, all this He did,
in His Good Will and Graces,
He painted COLOR to creation
to HARMONIZE with ALL THE RACES,
Oh, may we, too, see HARMONY (instead of color)
upon our hearts and faces!

Amen!

....from the heart and pen of

.... My Lord and me, prayerfully,

.... for all of God's humanity....

Elsie Fiegland Nass

KEEP LOOKIN' UP

SOMETIMES when life should get you down, and it's hard to "grin" instead of "frown" Why not "LOOK UP" and then "PRESS ON", until the sun breaks thru at dawn!

Keep LOOKIN' UP and AIMING HIGH;
Gaze "out" into the heav'nly sky-LOOK "up" and "o'er" beyond the hills,
And hear the echo "PEACE BE STILL"!

Should skies look gloomy, dark 'n gray, LOOK HIGHER and you'll find a way! By LCOKIN' UP, new HOPE appears, And FAITH will banish all your fears!

LOOK UPWARD, then, do not despair;
There's ONE who understands and cares.
KEEP LOOKIN' UP till skies are blue,
And watch the "face of God" shine thru!

KEEP LOOKIN' UP and TRUST IN HIM,

He'll "lift you up" when hope seems dim,
He knows the way that you must trod,

JUST LEAN UPON THE CHANGELESS GOD!

KEEP KEEPIN' ON and bye 'n bye-You'll see God's rainbow in the sky!
KEEP LOOKIN' UP and "out" and "over",
BEHOLD, YOU'VE FOUND YOUR "FOUR-LEAF CLOVER"!

* *

... from the heart and pen of

....my God and me, gratefully

... Elsie Fiegland Nass

SO CAN YOU



"Be of GOOD CHEER," this message I bring, from the Lord of Lords and King of Kings! Ah, yes, He offers "good news" to ALL--ALL who will listen and heed His Call!



He "who has ears, oh, let him hear";
There's peace, SWEET PEACE instead of fear!
There's LOVE to help you conquer all—
All of your heartaches, large or small!

"He who has eyes, then let him see"-There's HOPE for now and eternity!
Oh, seek Him and find Him and serve Him, too,
He'll help YOU live your life anew!

We know, in this world, are troubles and cares-Yet, the answer is not to "give up" in despair. Our Lord foretold "that trials would come, But He'd give us VICTCRY TO OVERCOME!"

Yes, CHRIST IS OUR HOPE and the NEED OF THE HOUR; He's ever-present and has ALL POWER! He'll help us cross life's "mountain-like doubts", And give us new purpose--within and without!

He is our comfort, our hope and our stay!

His Word is sure! His Promise is true!-
AND BECAUSE HE HAS OVERCOME, SO CAN YOU!



...from the heart and pen of

....my Lord and me, gratefully

... Elsie Fiegland Nass

With inspiration from the Words of Jesus, as recorded in John 16:33.....

"THESE THINGS HAVE I SPOKEN TO YOU THAT YE MIGHT HAVE PEACE.
IN THIS WORLD YE SHALL HAVE TRIBULATION, BUT "BE OF GOOD CHEER, I HAVE OVERCOME THE WORLD." AMEN! AND AMEN!!



A HAPPY NEW YEAR

????

"GLORY TO GOD IN THE HIGHEST,

AND ON EARTH, PEACE AND GOOD WILL",
This glad old tiding of years gone-by,
is life's HOPE for mankind, still!
For HOPE WITH GOD spells HAPPINESS WITHIN,
which helps to make a NEW YEAR BRIGHT!
And if we start our year with God,
He'll surely lead in paths of right!

IN THE BEGINNING, GOD....

these words hold LIFE and MEANING,
And eventhough our God lives on and on,
TIME tells us there's an END to our BEGINNINGS;
PRAISE, GOD, today, for giving us

another chance to start again,
Oh, may we keep each new day clean
from the awful mires and stains of sin!

Just like God covers earth's grime
with a blanket of snow,

He blots out our "past cld year"
and causes it to GO;

But if we but seek Him wholly
and closely to Him cling,

God only knows the challenges
this brand new year can bring!

PRAISE GOD FOR NEW BEGINNINGS,
when the "old" has passed away;
For each new day and hour....
and for every new today!

PRAISE GOD FOREVERMORE
FOR HE MAKETH ALL THINGS NEW-He'll even change our "old lives"
into "new lives", too!

GLORY TO GOD IN THE HIGHEST,

and on earth "PEACE AND GOOD WILL"—

A "NEW LIFE" for a "NEW YEAR"

what could be nicer still?

When we say "HAPPY NEW YEAR"

we mean "right now", TODAY,

For LIFE is just ONE GREAT BIG HOUR,

OH, MAKE IT COUNT FOR AYE!

....from the heart and pen of

....my God and me, gratefully

.... Elsie Fiegland Nass

"GLORY TO GOD IN THE HIGHEST AND ON EARTH PEACE AND GOOD WILL TOWARD MEN"!

Luke 2:14
"THEREFORE, IF ANY MAN BE IN CHRIST, HE IS A NEW CREATURE; OLD THINGS ARE PASSED AWAY:

BEHOLD ALL THINGS ARE BECOME NEW." 2 Cor. 5:17







If I had the eloquence of an angel but had no love in my heart, My words would be so mesningless, like a clanging cymbal -- out of sort! If I had prophetic natures and understood all things, Could even remove mountains through FAITH and the POWER it brings; Yet, if I had no LOVE to give, my works would all be nil--'Cause deeds alone without TRUE LCVE will never fill the bill! Should I give freely of myself to benefit s worthy gain, This alone would not suffice, for without LCVE, all is vain:

> It's LOVE that makes the difference, It's LOVE that stends the test --It's LOVE that comes from God above that makes a life more blessed! It's LCVE--for love will be forever, always patient, true and kind; And is not jealous or resentful, or proud of heart or mind. LCVE is never selfish or ill-mannered, nor irritable or rude; And is not easily provoked to anger by circumstantial acts and moods! LOVE is never herry in wrongdoing, and seeks to think no evil; But rejoices in the TRUTH AND RIGHT -in PEACE and not upheaval!

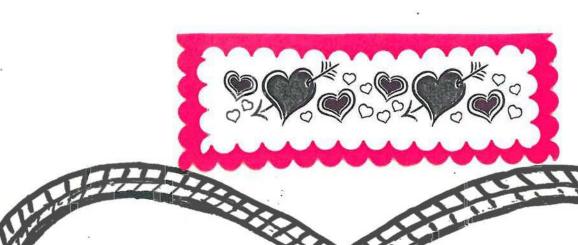






LOVE is forever and endures all things, and its FAITH and its HOPE prevails! There's FAITH, there's HOPE, there's CHARITY -there's LCVE THAT NEVER FAILS: Yet. LOVE IS THE GREATEST OF ALL OF THESE, for LCVE is "the way of life"! To "LCVE IS TO LIVE", and to "LIVE IS TO LCVE", for in LOVE, there can be no strife! Should life only grant me "one choice" to make, I'd choose "THE LOVE OF GOD", above all others, For if the LOVE OF GOD is mine, I'M RICH because God's Love brings love for one another! And NOW, may FAITH AND HOPE AND LOVE ABIDE, WITH LCVE PREVAILING, from above, FOR LOVE IS THE GREATEST BLESSING -- THE GREATEST NEED --THE HOPE OF THE WORLD IS L-C-V-E!

....from the heart and pen of
....my God and me, gratefully,
....Elsie "Fiegland" Nass
....with inspiration from I CORINTHIANS, Chapter 13



AIN'T LEVE GRAND

or if we're BALD or GRAY-LOVE is something that we need,
day by day by day!

It is like a VITAMIN that gives us
PEP and PCWER-
It lifts us up beyond ourselves:

It lifts us up beyond ourselves:

LOVE IS THE NEED OF THE HOUR!

LOVE is a matter of the HEART

and knows no age or limit!

PRAISE GCD...HIS LOVE IS OURS

EACH DAY, EACH HOUR, EACH MINUTE!

"WHAT the world needs is LOVE, LCVE, LCVE",
you've heard that song before.
"Love makes the world go rouni", they say,
but it's REALLY MCRE! IT'S MCRE!
REAL LCVE FROM GOD is greater far
than tongue or men can tell-God loves us with a LOVE that
"maketh all things well."

Sometimes CUR WCRLD is limited
if we travel by "wheel chair" -And the only sights we look for
are SMILES to show that someone cares!
LCVE is something that comes back to us
as we "GIVE IT AWAY" -The touch of a hand -- a great big SMILE....
just try it -- it will MAKE YOUR DAY!

ofrom the pen and heart of my God and me, lovingly,

Reis Fiegland Mass





IT'S A MATTER OF THE HEART

Everyone is growing older, day by day by dayDon't think it's only "you end me", who's getting bald and grey!
Some folks are old beyond their years, even when they're young;
Some older folk seem young, inspite of rhumatism that's begun!
It's a matter of the heart, they say!

Don't let your sches and pains rob you of the INNER PEACE, that can be yours!

Just lift your eyes to Jesus--He will help you to endure.

Even in a wheelchair, you can WALK with God and follow in His ways.

Even if you cannot speak a word, you can TALK with God,

and trust and obey!

Yes, we can WALK and TALK with God, in preyer, right where we are--We can RUN THE RACE OF LIFE and be a winner, in the end, by far! So, let Him help you BEAR YOUR BURDENS--

for He's a friend who cares for YCU! Let Him be your constant HOPE--

for HIS GRACE will surely see you through!

Why not "open up the door", for He looks WITHIN YOUR HEART...
He will fill your lonely hours and He promised never to depart!
PRAISE GOD for His promises that are worth MORE THAN GOLD.
They can keep us YOUNG AT HEART eventho they say "we're growing old"!
YES, it is a matter of the heart!



"SEARCH ME, C GOD, AND KNOW MY HEART: TRY ME, AND KNOW MY THOUGHTS: AND SEE IF THERE BE ANY WICKED WAY IN ME, AND LEAD ME IN THE WAY EVERLASTING." Paglm 139:23-24



FROM HEART TO HEART

From the HEART OF GOD, to YCU,
this message comes, with LOVE...
"TAKE HEART" all who are discouraged,
for there is HOPE, from above!
There's hope anew, as He bids us "COME"
to HIM and find "SWEET REST"—
Rest from our cares and heartaches
as He offers us HIS PEACE, so blest!

No matter WHAT the circumstances
of life may seem to bring,
Our God can add NEW HEART,
to brighten A-N-Y-T-H-I-N-G!
Pour out YOUR HEARTS before Him, then,
and trust Him ALL THE WAY,
He is a PLACE OF REFUGE for those
who PAUSE AND PRAY!

BE OF GOOD COURAGE! DO NOT FEAR-for He will carry you through!
He will grant your HEARTS DESIRES
if YCU but ASK Him to!
HAPPY are those who TRUST IN THE LORD-whose HEART is fixed on Him!
Yes, BLESSED are the PURE IN HEART,
for Heaven is theirs, to win!

"As thy days, so shall thy strength be"-the Bible tells us so.

"Anxious hearts are very heavy, but
encouraging words LIFT THE SOUL!

LET NOT YOUR HEARTS be troubled, friends,
believe in Him and LOOK ABOVE-
BE OF GOOD CHEER! He knows YOUR HEART!
HE CARES and UNDERSTANDS and LOVES!

your friends from the Middleburg Heights Church of God

from the pen and heart of godand me, lovingly

Elsie Fiegland Nass

Written for the Quality Care Nursing Home church service, Valentine Sunday, February 15, 1987





THE SHAMROOK

It isn't a "SHAM" and it isn't a "ROCK"-this we surely know-BUT, just what does it signify
as we proudly wesr it "for show"???
When SAINT PAT first planted THE SHAMROCK,
on Ireland's sandy soil-He couldn't have known the impact he made,
as he faithfully planted and toiled!

His FAITH was anchored in the LIVING HOPE
of the RISEN CHRIST of the CROSS...
He saw in his SHAMROCK the CROSS-LIKE symbol,
which triumphs over sin's dross!
The THREE-IN-ONE leaves, like the HOLY TRINITY,
are symbolic of LIFE ANEW...
And thru the CROSS-like LEAVES of the SHAMROCK,
we're reminded THERE'S HOPE AT THE CROSS
for "me and for you"!

... from the pen and heart of my God and me, hopefully,



ELSIE FIEGLAND NASS

An Irish Blessing
for
St. Patrick's Day
March 17, 1994

SUNDAY, APRIL FIRST, BUT NOT A FOOL

God has given me TODAY,

what shall I do with it?

First I'll preise for YESTERDAY,

lest its blessings I forget!

For if I begin with preyer and praise,

I can face the duties of TODAY!

And God can help me be a blessing,

instead of "just a fool" along the way:



Yes, I would be a blessing
and spread a little cheer
I would scatter rays of sunshine
to a life that's sad and drear!

So, Lord, I pray, BLESS EVERYONE
WHO NEEDS A BCOST OR LIFT,

May I point them to the ONE,
the Giver of life's greatest gifts!



Life is a "Gift of God" and

living is a way of life-You can live it to "the fullest",

or just exist in strife-You can help to carry someone's burden,

be it big or small-Or you can be a stumbling block

and cause him just to fall:

Lord, I need thy help TODAY
that I can live worthwhile,
I want to live the upward way
and walk in heavenly style-I need thy inward strength
that you alone can give--

I need thy love, thy kindness,
thy understanding to forgive!

I need thy power and victory
that I can pass it on-I need thy everlasting arms
to reach out and less upon-I want to live life's fleeting moments
the very best I can-Not only for myself, but OTHERS,

Lord, I do not ask so much
that you Bless me, today-But instead that I may be a blessing,
in Thy own will and way.

For I know if I live my life

acceptably to Thee-
My life will be a blessing,

and I Will Blessed Be!





en"!

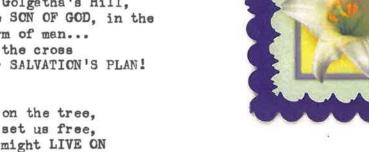
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We read of the day
that the world stood still...
That dreadful hour
on Golgatha's Hill,
When the SCN OF GCD, in the
form of man...
Died on the cross
for SALVATION'S PLAN!



He died on the tree,
to set us free,
That we might LIVE ON
e-t-e-r-n-a-l-l-y!
He died for "PEACE",
within and without...
That we might LIVE WITH HOPE,
instead of doubt!

Ah, yes, CNE died that ALL
might LIVE...

Oh, think of the heritage
HE DID GIVE!

His influence LIVES CN
in the hearts of men-NO. He's not dead...

NO, He's not dead...
but forever, ALIVE! AMEN!

...from the pen and heart of

Elsie Fiegland Nass

"BE-CAUSE HE LIVES, WE WILL LIVE, ALSO"

John 14:19



NOT FOR GRANTED

Some things are taken for granted, we find-But this alters not one iota or line: God still is GOD, whate'er men may say; He's the same TODAY as YESTERDAY!

Some look for God in deep despair

Throughout the earth, the sea, the air;
And often times they spend life's day
Not knowing He is "just a prayer away!"

How sad of some, we've heard it said

That God no longer lives -- is dead!

May we somehow LIVE CHRIST ANEW

that stoney hearts might find Him, too!

Deer God, help men to "seek and find",

NEW HOPE within, new PEAGE OF MIND:

For "YOU" alone can "save the day"-
YOU ARE THE LIFE, THE TRUTH, THE WAY!

May Christ again be in US born-Lest we forget "that first Easter morn";
May we as God's own angels be-Help roll away the "stone" and "see"!

Oh, marvel not that HE LIVES AGAIN-for this is part of Salvations's Plan!
See how He loves and freely forgives-and because GCD IS, mankind, too, lives!

Behold Christ lives FOREVERMORE:
No longer "for granted" as heretofore,
Oh, may our heart-cry henceforth be-"THAT THE LIVING CHRIST BE SEEN IN ME!"













Happy Easter

...from the pen and heart of me, with inspiration from "ABOVE"!

from "my Sord" and me, Elie Mass



HE GAVE AND GAVE AND GAVE

We read of the day
that the world stood still,
That dreadful hour
on Golgotha Hill,
When the Son of God in the
form of man,
Died on the cross
for Salvation's Plan!



He died on the tree
to set us FREE,
That we might have
real LIBERTY!
He died for "peace"
within and withoutHe died for FREEDOM
beyond a doubt!



Yes, He died for YOU
and He died for ME,
And He died for ALL
H-U-M-A-N-I-T-Y,
He died for US
that we might live,
OH, THINK OF THE HERITAGE
HE DID GIVE!

.....from the pen and heart of



.....my Lord and me,.....

HOPE LIVES ON

THROUGH ALL OUR YESTERDAYS, TODays and tomorrows...
in life and death...in joys and sorrows...
in sunshine and shadows...our God "is" there:
HE IS "HERE" AND "THERE" AND "EVERYWHERE"!

YES, GOD "IS" AND "WAS" AND WILL "FOREVER" BE...
HE IS GOD OF ALL COMFORT AND CARES FOR "YOU AND ME".
HE IS LORD OF THE "LAND", THE "SEA", AND THE "AIR"...
YET, HE'S JUST AS CLOSE AS "A WHISPERED PRAYER"!

PRAISE GOD, WE HAVE AN ANCHOR THAT KEEPS THE SOUL, SAFE AND SECURE WHILE THE BILLOWS ROLL...
THROUGH THE STORMS OF LIFE, HIS PEACE HE IMPARTS...
HE IS THE HEALER OF BROKEN AND TROUBLED HEARTS!

TRUSTING IN GCD, WE FIND NEW STRENGTH TO "CARRY ON"...
HIS EVERLASTING ARMS ARE THERE TO LEAN UPON!
BY LOCKING TO THE ONE WHO CONQUERED LIFE, DEATH AND ALL...
WE, TOO CAN LIVE IN HOPE...NO MATTER WHAT BEFALLS!

FROM THE PEN AND HEART OF ME, WITH THE INSPIRATION OF "OUR LIVING CHRIST"

ELSIE FIEGLAND NASS

WITH FAITH, HOPEMAND LEVE ...
FOR YOUR EVERYDAYS AND
EVERYTHINGS

"GRACE AND PEACE BE MULTIPLIED TO YOU IN THE KNOWLEDGE OF OUR GOD AND OF JESUS, OUR LORD."

2 PETER 152 AMEN

Easter Sunday, April 16, 2006

O, SAY CAN YOU SEE...by the dawn's early light,
Is there any HOPE LEFT from that "long, dark night"?
Is there any sign AT ALL, high upon the hill??
Can you see a glimpse of "OLD GLORY", in the shedows of the CROSS, still?



PRAISE GOD for "His Plus Sign" sent down to man
To give US new hope, when nothing else can!
PRAISE GOD for his very own, "red, white and true-blue"
By His RED STRIPES we're healed and WASHED WHITE,
through and through!

O, SAY CAN YOU SEE? Cen you REALLY SEE what it means? All the way from "HOSANNA" to "CRUCIFY HIM"...

thru life's changing scenes.

From "NOT MY WILL, OH, FATHER" to "ONLY THINE BE DONE",
As the SON OF GOD agonized till the VICTORY was won!



PRAISE GOD, I can see it NOW--all there at CALVARY,

Up GOLGATHA'S HILL and through GETHSEMANE!

I can see my sins all nailed there, on that "OLD RUGGED TREE",

As I cry out, with the thief, "OH, LORD, REMEMBER ME"!

I can hear the angel chorus; "HE IS RISEN: HE'S not here...
As the LIVING HOPE OF EASTER echoes loud and clear.
I can see the "EMPTY TOMB", now replaced by LOVE DIVINE-No greater "TRUE-BLUE LOVE", in all the world,
we'll ever find!

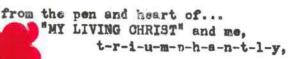
PRAISE GOD for his special "red, white and true-blue"...

How "HIS PLUS SIGN" spells HOPE for our world of today, too!

So, let's REACH OUT and TOUCH our Saviour's "Nail-scarred hands",

And BEHOLD HIM as "OUR GREATEST HOPE"...our LIVING STATUTE

OF LIBERTY...THAT WILL FOREVER STAND!







THE GREAT AWAKENING

As I was strolling down PARMATOWN MALL—

a breath of EASTER, did my heart enthrall!

My thoughts went back to "HOME"—"down on the farm",

where I had lived, safe from alarm!

I saw the barnyard animals—both big and small—

I even saw the EASTER BUNNY, but I never

SAW CNE quite so tall!

I saw the TINY TOTS, dressed up like LIVING DOLLS,

all lined up to meet the EASTER BUNNY—

the greatest one of all!

I saw them climb upon his lab--so awed and chermed-so safe and snug--so cuddly, like in MOTHER'S ARMS!

THEN, I was reminded of my childhood days, back when-in Sunday School, I learned that JESUS LOVES ME, even then!

NOW, as Christ still calls THE LITTLE ONES to come to Him,
I picture myself climbing on His lab, once more, again!

So, I cherish MY EASTER PARADE through the Mall-for like Springtime, my heart was awakened to

THE GREATEST THINGS OF ALL!

...from the pen and heart of me,
just a GREAT BIG KID,
from
THE PARMATOWN MALL
...Easter time "PARADE"...









THE LIVING HOPE OF THE OROSS

MERCIFUL LORD...thenk you for your GREAT LOVE that reaches down to "WHERE WE ARE"!

Now...HELP US, LORD, to REACH OUT and grasp YOUR HAND and "SEE YOU" as "WHO YOU ARE"!

In CHILD-LIKE FAITH, my eyes behold "THOSE NAIL-SCARRED HANDS"...thet

Were pierced for me!

My heart cries out, "OH, LCRD"! I DO

BELIEVE"...HELP MY UNBELIEF"!...and

IN YOUR MERCY. SET ME FREE!

MY LCRD and MY GCD...what a priceless ransom you paid! What a matchless HERITAGE, for me, YOU GAVE!

THANK YOU for such boundless LOVE...
you GAVE YOUR LIFE...

...my life "to save":
ON THE CROSS...all my sins you bore for me,
as well as my afflictions and

my infirmities!

NEW HCPE is mine for EVERYDAY I face...

all because of YOUR AMAZING,

SAVING GRACE!

THANK YOU, LORD...for CALVARY and for remembering me...yet NOT ONLY ME... but to WHOSCEVER WILL...

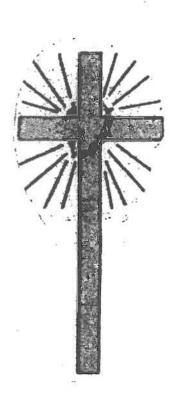
...there's HOPE and MERCY, still!
So, COME TO HIM, then, just as "YOU ARE"-HIS GRACE is sufficient for YOU,

Cast on Him your every care...

He is "just as close" as
a "WHISPERED PRAYER"!

Amen

from the pen and heart of the "CHRIST OF THE CROSS" and me, gratefully,



BLOSSOMS OF PRAISE

There's a "fragrant arcma" in the air,
as I look to God in prayer!

Just like the early morning dew,
my heart becomes refreshed anew!

I see the HYACINTH budding out in bloom,
with a heavenly-scented sweet perfume!

The FORGET-ME-NOT's kind face appears,
as it seems to whisper "God is near"!

Yes, there is a "fragrance in the air"
I can see GOD'S PRESENCE everywhere!

The LILY OF THE VALLY with its breath of Springperfumes the air as the "birdies" sing!

They say that PANSIES... "do...not...tell"...
yet, in silence, they glorify their maker...well!

The radiant TULIPS wake up and color the earthfrom a barren life, springs forth new birth!

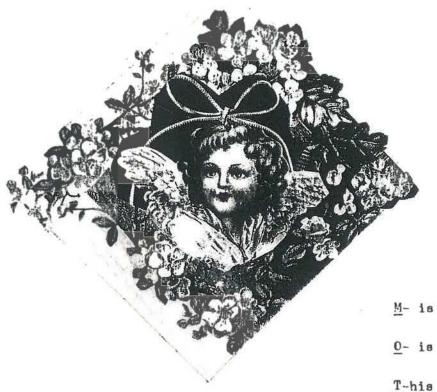
Should not my "two-lips" praise Him much, much moreshould not my life HIS NAME adors???

Should not my heart overflow with His GREAT LOVE,
reflecting HIS GLORIES, sent down from above!

Should not God's wholesome FRAGRANCE in US abound...
even as HIS PRESENCE in "NATURE" is found!

Should not we, then, MAGNIFY HIM in all our ways...
and join in with NATURES "Blessoms of Praise"!!!





"MOTHERHOOD"

IS
A BLESSING



M- is for "M-Q-T-H-E-R-3"...

0- is for "0-T-H-E-R-S"!

T-his S-P-E-L-L-S it out for all "to see"...

H-aving CNE without the OTHER can never, never be!

E-very MOM is "a GIFT" from God, above--

R-eaching down to "men", with His Great Love...

90... "YOU and I" can "LEARN TO LIVE"
like SISTERS and
like BROTHERS!

... from the pen and heart of

...my God and me, lovingly,

Elsie Fiegland Nass

P.S.

Isn't it ironic that two national holidays, Mother's Day and Memorial Day, are both observed in the month of May. Mother's Day honors the one through whom God gives life on this earth; Memorial Day honors those who have given their life to help pernetuate our way of life in America!

In honor of "MY MOTHER AND HER GOD", I'd like to re-dedicate the following poem, (its words penned from my heart), which I first dedicated to MOM, in person, at a surprize Mother's Day church gathering, 1963! Now, I rededicate it "IN LIVING, LOVING MEMORY" OF HER WONDERFUL LIFE ON EARTH AND HER EVERLASTING LIFE IN HEAVEN!

January 21, 1892 MRS. OTTILIE FIEGLAND August 24, 1963

"MOTHER OF MINE"

"O" if for "OTHERS" and "M" is for "MOTHERS";
You can't spell "MOTHER" without the "OTHER"!
What a beatiful word full of meaning so trueAnd I thank the dear Lord for a MOTHER LIKE YOU!

"MOTHER OF MINE", always giving and sharing;
OTHERS COME FIRST; for herself she's not caring!
She cheerfully gives of her ALL and HER BEST;
HERS is a LOVE that stands every test!

I thank you, dear mother, for ALL that you've done, To make my life a happier one. You've taught me how to live and to learn, And to do good deeds without returns!

You taught me how to work and to pray,
And to be good and kind "just everyday".
These lessons are so worthwhile to know,
Both, when we're young or older grown!

As I look back upon the years—
Through joys and sorrows—laughter and tears;
I'll thank the Lord E-T-E-R-N-A-L-L-Y,
That MOTHER gave "HER GOD" to me!

I want to tell it loud and clear-I want the "whole wide world" to hear;
"THERE IS NO GREATER HERITAGE TO GIVE
THAN TO GIVE YOUR CHILD & WAY TO LIVE"!

So, "MOTHER OF MINE", I thank you again
For guiding my footsteps away from sin;
And I thank you, God, for love full and freeTHAT MOTHER'S PRAYERS CAUGHT UP WITH ME!

AMEN!

.... from the heart and pen of "OUR LORD" and me, your grateful daughter, levingly,

... Elsie "FIEGLAND" Nass

AMEN:





A FEATHER FOR HER CAP

A "hat" is something that goes to your head-it's worn for all to see ... Yet, I remember MCTHER wearing hats just because she was "a lady"! On Sundays, she often wore a white, frilly hat, With long white gloves to match. And on EASTER SUNDAY morn, an EASTER BONNET was "the thing"! It was the style for young and old-as fond memories it still brings!

The parade goes on throughout the week, as MOTHER played her role--Throughout her life she worked and toiled; she had a heart of gold. At home, she wore a TURBAN ... wrapped around her golden hair, While she was doing chores of love ... just because she cared!

And then, when out of doors she went, to help her flowers grow, She wore a cool hat made of straw, to shield her from the sun, you know. And when at last 'twes time for bed, she had a NIGHT CAP, for her head. MOTHER is deserving of a FEATHER IN HER CAP, for living life without reward... And NCW, I know she has her crowning glory because she reigns forevermore -a CRCWNED JEWEL of her Lord!



Bless the memory of "my Mom", in the Name of our Lord. Amen

from the pen and heart of my God and me, lovingly your Elsie

Elsie Fiegland Nass

Written for Mother-Daughter Social May 8, 1987

Theme: Crazy Hats



MOTHER-GOD REFLECTIONS

JESUS is "all the world to me"...

and MOTHER made it possible that

I, such love could know!

I see in MOM the "FACE OF GOD" reflected!

I see THE HANDS, so bruised for me!

I see THE FEET that walked the way

that I should follow!

Yes, JESUS IS THE WAY, THE TRUTH, THE LIFE...

yet, MOTHER is a "way to life" itself!

It's because she gave me birth

that I can be "reborn again"...

And, thus, find EVERLASTING LIFE, within!

GOD so loved the world that HE GAVE
HIS ONLY SON...
MOTHER so loved me...that she gave of
H-E-R-S-E-L-F
that I might have LIFE...and have it
MORE ABUNDANTLY!

Because GOD IS..AND WAS..AND SHALL FOREVER BE...
there's HOPE for all humanity.
Because of MOTHER'S FAITH, passed down to me...
...I, too, can live,
.... as MOTHER lives with GOD, for all eternity!

As I look back upon the years—
Through joys and sorrows—laughter and tears;
I'll thank the Lord E-T-E-R-N-A-L-L-Y,
That MOTHER gave "HER GOD" to me!

I want to tell it LOUD and CLEAR-I want the "whole wide world" to hear;
"THERE IS NO GREATER HERITAGE TO GIVE
THAN TO GIVE YOUR CHILD A WAY TO LIVE"!

So, "MOTHER, in HEAVEN", I thank you again
For guiding my footsteps away from sin;
And I thank you, GOD, for love full and freeTHAT MOTHER'S PRAYERS CAUGHT UP WITH ME!

AMEN!

....from the pen and heart of my God and me, gratefully,



Elsie Fiegland Nass

Mother's Day, May 10, 1987

A MOTHER'S LOVE

They say "God sends the Sunshine on the unjust and the just",

And that refreshing showers are often times a must!

At times the storms of life will hide the sun from view-
But, even then, LOCK UP-your heav'nly father watches over you!

The other day, the showers came, and gloom began to fall—
But God taught me a lesson that I would share with all!
As I looked up and out, my eyes were opened wide—
I saw a robin in her nest that would not flee or hide!

The rains kept falling, falling,
all through the dreary day,
But NOTHING, oh, NO NOTHING
got in mother robin's way!
She stayed right there on duty
sheltering her nest-She cared not for her own needs;
she trusted God "her Home to Bless"!

Oh, what LOVE--what faithfulness,
even through the stormy rains!

Should not we, as human beings,
live and love the same?

Should not we be ever steadfast,
stending firmly for the right?

God meant this not "just for the birds"-we, too, are precious in His Sight!

Amen!

.... from the heart and pen of,

.... my God and me, gratefully,

.... Elsie Fiegland Nass

Chie Dass



MOTHERLINESS IS NEXT TO GODLINESS

JESUS is "all the world to me"...

and MOTHER makes me realize
that it is so...for myself...

Because I see in HER, the "FACE OF GOD"....

THE HANDS, that were bruised for me,
and THE FEET that walked before me...
to show me the path that I must trod!

JESUS IS THE WAY...THE TRUTH...THE LIFE;
No one comes to the Father...
but through Him!

MOTHER is the way "to life", for it is only
because she gave me birth...that
I can be "born again"....and
ETERNAL LIFE right now, begin!

GOD SO LOVED THE WORLD THAT HE GAVE....
HIS ONLY BEGOTTEN SON...that "WHOSOEVER"
BELIEVES ON HIM...SHALL NOT PERISH...BUT
HAVE EVERLASTING LIFE!

MOTHER so loved me that she gave of herself that I might have LIFE; that I might learn to LIVE "that more abundant life".... which conquers sin and strife!

BECAUSE GOD IS...AND WAS...AND SHALL FOREVER BE....

Because CHRIST LIVES ON, there's HOPE FOR ALL HUMANITY-....even you and me!

BECAUSE OF MOTHER'S FAITH, passed down,

we, too, shall live as MCTHER LIVES WITH GOD, who is LIFE, HIMSELF....and THE GIVER OF LIFE!
OH, GLORY BE! NO RESPECTER OF PERSONS IS HE!

JESUS IS ALL THE WORLD TO ME....
MY LIFE...MY JOY...MY ALL!

Without GOD'S LOVE AND MOTHER'S LOVE, life would be in vain!

WHY NOT choose MOTHER'S CHRIST??? She will rejoice...
and all of Heaven, too...as well as YOU AND I!
There's NOTHING TO LOSE...THERE'S ALL TO GAIN!
PRAISE HIS HOLY NAME!

....from the inspiration of ...

.... "MOTHER" AND HER GOD

.... as well as mine, for eternity

...and time...

"IF .. YOU .. ARE"

111

GOD BLESS YCU...

GOD BLESS YCU...

IF YOU ARE... NOT ...

BLESS YCU. TOO!

WE ALL NEED God's Blessings
regardless "who is who"...
Cur God wants to BLESS US ALL, so
we can "BE A BLESSING". too!

WHETHER mother, daughter; sister, brother; father, son...
All are part of GCD'S CREATION...and
HE LOVES US--each and everyone!

WE CAN BE a "SHINING LIGHT"...

glowing in the darkest night.

We can spread a "BIT OF SUNSHINE", helping
"someone" through their hopeless plight!

A LITTLE BIT CF SUGAR, they say,
will help the medicine along...
A little act of kindness, too,
will <u>lift</u> sad <u>hearts</u> in "song"!

LEST THE STORMS of life hide the
"LCVE OF GCD" from view...

Keep looking up...our Heavenly Father
will see you through!

So, "IF..YOU..ARE"...be a blessing, and it will come back, you'll see...
Not just for the present...but for time and all eternity!

AMEN

.... from the pen and heart of "MY GREAT CREATOR" and me....



GROWING PAINS

If you have FAITH as much as a "mustard seed", NOTHING SHALL BE IMPOSSIBLE TO "YOU"—And "THIS NOTHING" means so very much, when it's something you let God "HELP YOU DO." Ever since the day of Adam, there's been a time and place for everything—A time to seed, a time to plant, and a season that brings the Harvestime in!

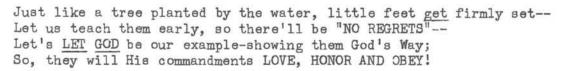
Remember, from the Seed of Abraham, a Great Nation was promised to grow--And whatever God promises -- it is always "thus and so"! From the Seed of David's Stem, Salvation was promised for all--Aren't you glad it includes "a mother" as she answers "her great call"!

God's call to "motherhood" is a call to "help us to know"
We're dependent on "one another", His Love to bestow.
This Great Call, through marriage, destines daughters to become moms,
Thus God's MOTHER-DAUGHTER CYCLE just goes ON AND ON!

For unto us a child was born; unto us "a daughter" has been given, But we must remember, we've a "life to be made" and not "just a living". This life must be nourished with the Sunshine of God's Love, And bathed in a "mother's love", sent down from above!

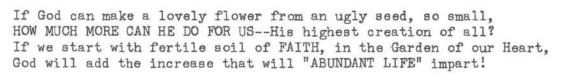


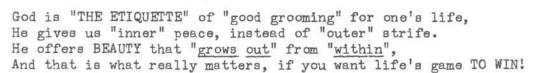
THIS LOVE is not a "clinging vine type" that will not let you go, But it's a LOVE that will let you be YOURSELF and "help to let you GROW". We know there's more to GROWING UP than "just plain growing", But there's nothing like a good example by "living" and by "showing"!





Everyday, we're planting seeds of "character" rooted deep, ne'er to depart. Let us cultivate with deeds of KINDNESS that overflows, from heart to heart. By feasting daily on the Word of God, those seeds will surely grow, And by watering them with prayer, the sky is the limit, you know!







It's true there are "some thorns" that will knock us off our feet—But we must ARISE and TRY AGAIN—not settle for defeat—Defeat is really VICTORY, "just turned inside out"—And that is what LIVING is all about!



(continued) P. 2

P. 2 (continued)

GROWING PAINS

When LIFE gets TOUGH, the tough really "get going",
And from their experience, they'll be strenghthened, in their GROWING.
So, let's not shirk our work or our responsibilities—
Just let them "blossom forth" into NEW ABILITIES!

Let's GROW in "togetherness" with forgiving, loving hearts— Let "no generation gap" drift us apart— Let's laugh when we're happy and weep when we're sad, Let's remember the "good times" and forget the bad!

Let's take time to "smell our roses" while they're in full bloom—For "life's blossoming time" is over, far too soon.

TIME is one of THE GREATEST GIFTS that we can give our child,
Let's spend it "TOGETHER" with God, all the while!

Let's learn from our YESTERDAYS! LET'S LIVE FOR TODAY!

LET'S HOPE FOR TOMORROW and WATCH AND PRAY!

Since all flowers of tomorrow are in the SEEDS OF TODAY,

We must make EACH DAY COUNT and "pluck out the weeds along the way"!

It takes a lot of "GROWING DOWN" before we are "GROWN UP",
And HUMILITY offers one of life's GREATEST CUPS!
We must learn to add and subtract "those things" that SUM UP our best,
We must never be too old TO LEARN; TO GROW, or from "God to be blest"!

In the Garden of My Heart, <u>impatience</u> must not bloom—
For "bad habits" and "forbidden fruit", I must have no room!
Since the tree of life, of human timber, takes a lifetime to grow—HAVE PATIENCE....for GROWING PAINS is part of it all, YOU KNOW!

...painfully yours,

.from the "Garden of my heart",

and from "My God and me", gratefully,

IN GCD, WE STILL TRUST

F-rom the beginning of time, GOD WAS...and IS... and WILL FOREVER ... SOVEREIGN BE! HE IS our HEAVENLY FATHER ... CUR CREATOR. OUR LIFE, FREEDOM and LIBERTY!

R-each out to HIM ... HE IS REACHING OUT to YCU! LCCK UP...let Him restore your FAITH, anew! He can heal our wounded, broken hearts... and He can surely see YOU through!

E-specially, in the time of chaos and grief ... when we cannot find our way ... He bids us "CCME" to Him and rest ... as the POWER OF PRAYER saves the day!

E-very WCRD OF GOD is a source of LIVING HOPE! HIS PROMISES are TRUE and "FCR SURE" ... He is our REFUGE, our SCLID RCCK and our "unshakeble TCWER" of strength that endures!

D-o not let your hearts be troubled to despeir... TRUST IN GOD ... let HIM your burdens bear! God understands phout our every need ... He is our ever-present help, indeed!

O-ur Father...which art in Heaven...end over all... THANK YOU for preserving our "FREEDCM" ... symbolic of our STATUE OF LIBERTY. still stending TALL!

M-ey we follow efter THINGS EFERNAL ... that will last, preising God for HIS PEACE -- our HCPE in ages pest! PRAISE GCD for HIS WORD--our STATUTE of LIBERTY, that is a LIGHT upon CUR PATH, leading US to VICTORY!

AMEN

from the pen and heart of my God and me, gratefully.

Elsie Fiegland Nass

"BLESSED IS THE NATION WHOSE GCD IS THE LORD" Psslms 33:12

P.S. Written to bring HCPE for the DARK DAYS of the terrorist attack, on the TWIN TOWERS of the WCRLD TRADE CENTER at New York ... also PENTAGEN BUILDING, Washington, D.C. Tuesday, September 11, 2001





SHAKEN BUT NOT FORSAKEN

It was the last day of January, almost 12:00 o'clock noon--When a loud roar shook our home and rattled the contents of the rooms! At first, I thought it to be sn sirplaneformation", flying much too low ... Perhaps, in memory of the CHALLENGER SEVEN, for whom honors were bestowed. But then, as the walls and doors continued to rattle and shake There came a breakthrough of news that it really was an earthquake! On the Richter scale, we were further informed, it registered a great big "PIVE" -which makes us VERY, VERY GRATEFUL and THANKFUL to be alive!

I WONDER, I WONDER, is this the HAND OF GOD,
trying to SHAKE AND WAKE US UP????-Trying, once more, in His Sovereign ways
to get our attention, just to "LOOK UP"!
YES, God still is God--no matter what-"this"...let's never forget!
Let's acknowledge Him as God of earth and
heaven, for He is ruler yet!
So, be still and know that He is God,
and trust Him, never to forsake!
He's promised to be with US, always,
even if the earth should quake!
And someday, when life's midnight hour strikes,
we need not fear that final earthquake "yet to be"...
For the ALL-SUFFICIENT GOD, of our today and yesterday,
is the SAME GOD of ALL ETERNITY!

IN COMMEMORATION OF.....
"OUR OHIO EARTHQUAKE"
and

"another earth-sheking experience"
"THE MEMORIAL SERVICE"

of the "CHAllenger seven"

Johnson Space Center, Houston Texas

January 31, 1986

From the pen and heart of my God and me,



AIMING HIGHER

Much like the "CHALLENGER", way out in space—
I, too, want to "GO HIGHER", yes higher, someday!
I want to "RISE UP", high above the things of earth—
for my heart is fixed on God's heavenly ways!
Yes, God's Heaven is truly a CHALLENGE—
it is the great "GOAL OF ALL GOALS"!
And as we become more heavenly minded,
may we bring HEAVEN to men's souls!

Day by day, LIFE so bluntly reminds us that
"IT" is like a "fleeting vapor"—

And that someday, much like the astronauts,
another meeting in the air will occur.

For in a moment—in a twinkling of an eye,
ALL NATIONS shall the FACE OF GOD behold..

As the Glory of the Lord breaks through the clouds,
and comes to rapture up "His very own"!

It will not metter what RACE or AGE or SOCIAL STATUS, we may be—
Cur God is no respecter of persons;
His Divine Plan is for ALL humanity!
From "earth to heaven", God beckons ALL "to come" when life's LAST MISSION comes to flight—But we must prepare to meet Him FACE TO FACE and let HIS PEACE make all things right!

God has a SPACE ORAFT that will not failit's bound for "Heaven's shore"!
He knows the way from earth to heaven
for He's been there before!
So, if we trust the "God of earth and heaven"
with ALL OUR HEARTAnd not just lean on human understanding,
He'll surely GUIDE and GO with us,
never to depart!

In commemoration of the
CHALLENGER,
stace shuttle
and
ite
SEVEN VALIANT ASTRONAUTS
who
"GAVE THEIR ALL"
IN THE LINE OF DUTY
January 28, 1986

From the pen and heart of my God and me,

Elsie Fiegland Ness



when my heart is overwhelmed, leed me to the rock that is HIGHER than I." Pealm 61:2

THE TALE OF A DOG

Sometimes they call me "man's best friend";
but I'm glad I was called "YOURS" to the end!
I'm glad you invited me to "come in"
to stick by you "through thick or thin"!

Some folks think I'm "just a dog", but I was created from God's Catalogue! God gave to me a wagging tail, that works automatically without fail!

God gave me a heart that loves and livesand taught me to be kind and how to forgive!

He taught me real faithfulness and true loyalty;
how grand that He's mindful of creatures like me!

God knows when the sparrow is wounded and falls,
Yes, He knows and He cares for His Creations--all.
So, in dog-faction, I wanna do all that I can,
to be a real friend of God and of man!

Then, when, my doggie days are all o'er,
I can rest in peace forevermore—

Just like my master calling me home,
I'll GO, content, nevermore to roam!

..... from your four-legged friend,

"S-K-I-P-P-Y"

..... with my "mommie's help",

"ELSIE NASS"

(A memorial to my swell dog andwonderful friend.....as well as to "others" who have traveled the same road, together)

THERE IS HOPE

... "FOR THE BIRDS"

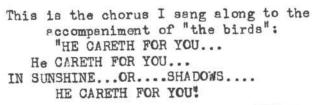
... FOR "ALL OF YOU"

and "ALL OF US". too .



This morn...as I "woke up" to the sound of the "singing of the birds"...

My soul was "lifted-up" and I joined-in with preises from God's Holy Word!



"Cast all your cares upon HIM...
for He CARETH FOR YOU!"

1 Peter 5:7





Yes, in sunshine and shadow--no matter what, the birds don't REALLY seem to care! They're always READY and WILLING... a sheery "note" of praise "to share"!

Likewise, from the "rising of the sun"...
to the "setting" of the same...
We're reminded that "Glory and Honor"...
are due our Heavenly Father's Name!"
Psalm 113:3

PRAISE GCD for the joyful lessons we learn,
even by "listening to "the birds"...
And as we LISTEN, we can, also, hear from God,
speaking through HIS INSPIRED WORDS!

PRAISE GOD for "ears to hear" and "eyes to see",
the WONDERS of HIS LOVE for "you and me"!
Because HE CARES FOR US, His PROMISES are true...
but we MUST LEARN to TRUST HIM like the birdies do!

from the pen and heart of my God and me, gratefully

Elsie Fiegland Nass "Memorial Day, 2004"

"I WILL SING OF THE MERCIES OF THE LORD FOREVER; WITH MY MOUTH WILL I MAKE KNOWN "THY FEITHFULNESS" TO ALL GENERATIONS".

Pselm 89: 1

THIS DO, IN REMEMBRANCE OF ME!

If I could "come back" for a moment's timea message "from heaven" to convey-THIS is what I'd like to say:
It's much like "John the Baptist's cry"-"PREPARE YE THE WAY OF THE LORD,
FOR THE KINGDOM CF HEAVEN IS NIGH-MAKE "YOUR PATHS" STRAIGHT!

REDEEM THE TIME, WHILE IT IS DAY,

For the night is coming, when NO CNE may—

TIME is of the essence, YOU KNOW....so,

Invest "your interests" wisely,

not just for earthly rewards,

BUT for "lifetime dividends" in souls,

For "ETERNITY" and "THE LORD"!

WE ALL HAVE A MISSION and COMMISSION TO KEEP,
we need a "burning vision" that WAKES US FROM OUR SLEEP!
We must see the "universal need of Jesus"-of lost souls, dying in despair!
Without the LOVE OF JESUS--without HIS HOPE, within-WITHOUT THE GRACE OF GOD, it could be
"you or me", SOMEWHERE "out there"!

ONE SOUL is worth far more than all the world, remember this; and nothing-NO NOTHING-is worth the loss and cost of MISSING HEAVEN'S BLISS!

If you want real joy in living, "right now", TODAY, you can have "ALL THIS AND HEAVEN, TOO", for aye-BUT, you must keep your eyes ON JESUS, and let HIM guide you "all the way"!

Do everything you can, until the "dawning of that day", when THE SON OF GOD shall come "for his bride" o'er Heaven's threshold of HCME, to take!

PREPARE your wedding garments, so....
YOU'LL BE READY WHEN HE COMES,

"FOR THE FATHER UP IN HEAVEN, hereby requests the honor of YOUR PRESENCE, at the MARRIAGE OF HIS SON!"

(continued)

THIS, DO, IN REMEMBRANCE OF ME! (continued)..... Page 2

Just as "A BRIDE" makes "PERFECT PREPARATION"

for the arrival of "HER GROOM",

We, as ONE BIG FAMILY, must "GET READY", too,

for OUR LORD IS COMING SOON!

This is the day of "FULL SALVATION" the Church has been praying about;

Let's TELL THE GOOD NEWS, everywhere, so NO ONE will be left out...

...GOD WANTS US ALL TO BE THERE!

I'm looking for "THIS BLESSED UNION" and "family reunion", great, up in the banquet halls of Heaven, where we'll never separate!

'Twill be the greatest union that ever was and shall be....
THROUGH NOW AND ALL ETERNITY!

There's "ONE CONDITION", though--"AN ANSWER IS REQUESTED, R.S.V.P."

'Cause "THE FATHER" wants to know:

"WILL YOUR PRESENCE BE EXPECTED", his honors to bestow?

Won't you please respond and "commit yourself" TO HIM?

Heaven's invitation is FOR REAL, but it must "ON EARTH BEGIN".

Why not ANSWER HIM, TODAY, and let THE FATHER KNOW...

you're coming...and that you're "on the way"!

DO IT NOW, e'er it's too late, when time will be "no more"....

"DO IT IN REMEMBRANCE OF ME", says THE FATHER'S OWN DEAR SON;

DO IT, in remembrance of THOSE LOVED ONES, also,

who have already "gone before"!

YES, DO THIS IN REMEMBRANCE OF "THAT DAY", we pray,

AMEN!

A LIVING MEMORIAL IN LOVING MEMORY OF:



From the "pen and heart of"
"My Lord and me, gratefully",



******* Elsie Fiegland Nass

MY FATHER KNOWS

My Father knows all about me and He cares --His love is with me and follows me, everywhere! His heart is compassionate, should I stumble and fall He picks me up, so I can LEARN to STAND UP tall! My Father's Hand is guiding me--He knows the way ... If I HOLD ON ... His hand in mine won't let me stray! When I am tired and weak and worn, pausing for a rest, I look up WITH strength, ANEW, knowing FAITH will stand the test! FAITH OF OUR FATHERS is what we need, it's our HCPE for TODAY and TOMORROW, indeed! MY FATHER KNCWS what's best, you see and wants the very best for "YOU and ME"! As children of our HEAVENLY FATHER, let's unite our hearts in PRAISE --For PRAISE not only glorifies our maker,

it scatters sunshine along life's way!



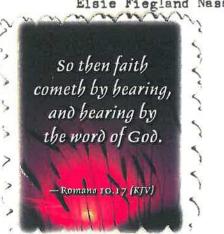
from the pen and heart of my Heavenly Father and me,



Gratefully,

Elsie Fiegland Nass

For Father's Day June 17, 1990



"FAITH OF CUR FATHERS

OUR FATHER, which art in Heaven...

hallowed be THY NAME!

YES, you are "C-U-R F-A-T-H-E-R"

in Heaven and earth, the same!

WE PRAISE THEE for your MATCHLESS LOVE

to "us" and "all mankind"...

FOR OFFERING UP your CNLY SON

that we might Heaven find!





OUR FATHER, who art in Heaven,
may we ever in YOUR WILL remain-May we SO LIVE, to HONOR YOU...
and GLORIFY your HOLY NAME!
For the "FAITH OF OUR FATHERS",
we humbly do THANK THEE...
May we, likewise, pass the torch along
till OUR FATHERS...in Heaven,
we see!



AMEN!

.. from the pen and heart of me, ...
with the help of MY HEAVENLY FATHER,
gratefully,

Elsie Fiegland Nass



... To our fathers of today ...

God Bless "YOU and YOURS", always!

FATHER'S DAYJune 21, 1998

"OUR FATHER WHICH ART IN HEAVEN,
HALLOWED BE THY NAME--

THY KINGDOM COME; THY WILL BE DONE ON EARTH AND HEAVEN, THE SAME."

This is the prayer the Son of God did pray for sons of men--

May we, likewise, to our children, pass it on again!

YEs, fill our hungering SPIRITS with your DAILY LIVING BREAD.

Forgive us for our hermful annetites: fill us with YOUR SPIRIT, instead!

Help us realize that all our daily sctions...all our words and deeds...

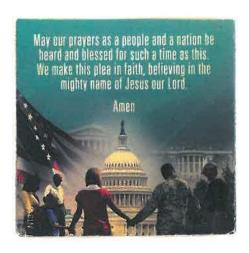
Are transplanted for our "forthcoming generations" to harvest the seeds!

We've often heard of the Prodigal Son who turned his back on father and home,

But how about the Prodigal Dad, away from God--in sin he rosms???

How broken and sad...our Heavenly Father's heart must be...

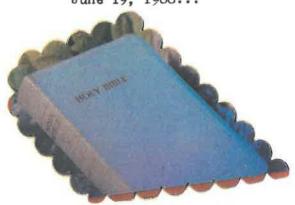
For He wents "NOTHING BUT THE BEST" for his children...why can't we see????





... FATHERS' DAY

June 19, 1988...



How grand to have our HEAVENLY FATHER
as a model for mankind,
That "our families" of today might His
blessings, also, find!
Just to be led by the FATHER'S HAND-to be guided with HIS EYE;
This is life's greatest HERITAGE for NOW,

as well as the "sweet bye 'n bye"!

Our FATHER, WHICH ART IN HEAVEN,
Blessed be THY HOLY NAME...
Help us...by thy might and power...
a steadfast FAITH to proclaim.
THY KINGDOM COME within our hearts--thy will, not ours--so, may it be!
Fill us with THINE own true self;
make us more like thee!

PRAISES be to God, our HEAVENLY FATHER,
whom we worship and adore.
GLORY TO GOD, IN THE HIGHEST!...for thine
is the KINGDOM AND THE POWER AND
THE GLORY FOREVERMORE!

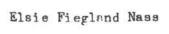
IN GRATITUDE we say, "God Bless our fathers

faith of yesterday...ss well as our
fathers of today..."

BUT, to "OUR FATHER WHICH ART IN HEAVEN, HALLOWED BE THY NAME,"...we pray!

AMEN!

....from the pen and heart of my Heavenly Father and me, lovingly,





"He shall be like a tree planted by the rivers of water, that bringeth forth his fruit in his season."

Psalm 13

A PRAYER FOR CUR FATHERS

Cur fathers who are not in heaven yet, but in our midst remain--We appreciate YOU, as we "hallow" OUR HEAVENLY FATHER'S NAME! May God's will be met within the hearts of our fathers today --May they diligently teach "our children" to honor God and pray. By FAITH and GODLY EXAMPLE, may "they" show "them" the HIGHER WAY! DAILY, may they feast upon THE LIVING BREAD and share it with our "children's children", as they "rise up" and "go to bed"! YES, may the family circle be unbroken when life's work on earth is done. May our children all be safe at home, when "thy kingdom" beckons us "to come". Let it be Lord, CH, LET IT BE -this is our prayer -- our humble plea --And thine, dear God, shall ever be the honor and the glory for NOW and all eternity!





Amen

From the pen and heart of my God and me, prayerfully,

Elsie Fiegland Nass

P.S. From the inspiration of "The Lord's Prayer", as we studied it on prayer meeting nite, Wednesday, June 7, 1989

For FATHER'S DAY service, Sunday, June 18, 1989.





IN THE FATHER'S HANDS

A FATHER is a MAN that once was a BOY-much like his very own SON--his pride and joy!
"LIKE FATHER, LIKE SON", we often sey...but
what a GREAT RESPONSIBILITY this brings our way!

LITTLE FEET have a way of FOLLOWING in daddy's steps.

LITTLE EARS have a way of REMEMBERING, not to forget.

LITTLE HANDS have a way of PICKING UP what we do.

LITTLE EYES are OPEN WIDE, watching me and you!

"BOYS WILL BE BOYS" -- but soon those childhood days are past, yet the LIFE they are BUILDING will for ETERNITY last!

"FATHER KNOWS BEST" are good words to heed,
but CUR HEAVENLY FATHER knows THE VERY BEST, indeed!

So, LOOK UP to "OUR FATHER IN HEAVEN", above...

He's looking down, in unfailing LOVE!

All the way from a BABY to a LAD to a MAN,

to a DAD and FATHER of your FAMILY CLAN...

He's watched over YOU and KEPT YOU, too,

and He'll do the SAME your life-time through!

TAKE HEART and TRUST your ALL in His Hands;

Your HEAVENLY FATHER knows all about fathers

and understands!



from the pen and heart of my God and me, gratefully,

Elsie Fiegland Nass, with the inspiration of MATTHEW 6:8-13

"REMEMBER, your Father knows exactly what you need even before you ask Him! After this manner therefore pray:

OUR FATHER WHICH ART IN HEAVEN,

HALLOWED BE THY NAME.

THY KINGDOM COME.

THY WILL BE DONE

IN EARTH, AS IT IS IN HEAVEN.

GIVE US THIS DAY OUR DAILY BREAD

AND FCRGIVE US OUR DEBTS,

AS WE FORGIVE OUR DEBTORS...

AND LEAD US NOT INTO TEMPTATION,

BUT DELIVER US FROM EVIL:

FOR THINE IS THE KINGDOM, AND THE POWER,

AND THE GLORY, FOR EVER."

AMEN.

Written for QUALITY CARE NURSING HOME, FATHER'S DAY SERVICE
June 14, 1987
Middleburg Heights Church of God

"THANK YOU" for "OUR DAILY BREAD "









"CUR FATHER, which art in HEAVEN, HALLOWED BE THY NAME, Thy Kingdom come, Thy Will be done on earth, as it is in heaven. Give us this day our deily bread, and forgive us our debts as, "we forgive" our debtors...and lead us not into temptation, but deliver us from evil, for THINE is the KINGDOM and the POWER, and the GLCRY... forever! "AMEN

Metthew 6: 6-13

"Give us this day our daily bread", we often pray!
...Accept CUR THANKS for BLESSINGS of SO MUCH MORE!

Like the MIRACLE of the "feeding of the 5,000"...

when CNE lad GAVE his lunch of "fish and bread",
and how Jesus "BLEST IT" and multiplied it "to be"

MORE THAN ENOUGH for the multitude that was fed!

Yet, man DOES NOT live by "bread alone"...but by
every WORD OF GOD...the Bible tells us so!
We need the SPIRITUAL BREAD OF LIFE to be complete—
without it, life's deficiencies will SHOW!

"sustaining LIFE"...for body, mind and soul!

It is our ETERNAL HOPE for MCRE ABUNDANT LIVING
through the JOY OF OUR SALVATION that makes
...us WHOLE!

PRAISE GOD for "willing hearts and hands" that choose to GIVE OF SELF and LIVE FOR OTHERS, still... Who FAITHFULLY SERVE "hot home-bound meals", together with our daily bread...and all the frills!

NCW, as we GIVE THANKS, let's pass "THE WORD" along, so ALL THE WORLD might "taste and see"...

That "OUR DAILY BREAD" is the STAFF OF LIFE...that will LEAD us onward, NOW and thru all ETERNITY!

GLORY TO GOD in the HIGHEST... forever and ever, AMEN!

from the pen and heart of my God and me, gratefully,

> Elsie Fiegland Nass June 20, 2004

A Blessed Father's Day



A SALUTE TO TODAY

T-HREE CHEERS for "THE FCURTH" and for the "HENCEFCRTH", toc... and for BLESSED INDEPENDENCE DAYS, your lifetime through!

C-N this "day of days"...UNITED WE STAND to bring you "GOOD CHEER"...
SALUTING "our FREEDOM and LIBERTY"
that we hold so very dear!

D-CING unto others, as you'd have them do to you...
this "CRCWNS thy good with BRCTHERHCCD"
and with GREAT AMERICANS, too!

"A-MERICA! AMERICA! God shed His Grace on Thee" ...
from Sea to shining Sea...
that we can RALLY 'RCUND OUR HERITAGE
in the LAND OF THE FREE!

Y-CU and I, now, pledge ALLEGIANCE to the "RED, WHITE and BLUE" and to "CUR GCD" and "COUNTRY" endeavor to be TRUE!

AMEN

... From the pen and heart of MY GCD,
... the ONE who truly makes US FREE...
... and from me, gratefully, ...

Elsie Fiegland Nass

"Ye shall know the TRUTH and the TRUTH shall make you FREE". John 8:32



We've a story to tell to the Nations that rings out <u>loud</u> and <u>clear</u>; It's surely worth repeating 'cause it ENDURED TWO HUNDRED YEARS! It's time to light "another candle" on America's Birthday cake.... But it should mean FAR MORE than "just another wish to make"-- For it takes more "than frosting" to make a Nation Great!

We sing "GOD BLESS AMERICA" in this, OUR GREAT COUNTRY-But hasn't God already blessed us with HIS ABUNDANT GRACE AND LIBERTY?
Perhaps, we've had too many liberties to do just "as we please",
That we've been blinded by "it all" that THE LIGHT we can no longer see,
And have forgotten that in the "image of God" we were meant to be!

INDEPENDENCE IS DEPENDENCE ON GOD! This strange arithmatic is true-Why not try it for YOURSELF and discover America, anew!
If the "FATHER OF OUR COUNTRY" sought God's help upon his knees,
When will you and I realize that GOD IS OUR GREATEST NEED
And that IN GOD WE TRUST.....is our HOPE, INDEED!

Since our Nation is not greater than its people, nationwide, We must learn to band together and team up on God's side--Let's MAKE AMERICA BEAUTIFUL, BY THE WAY WE LIVE....

There is NO GREATER HERITAGE that any man can give....
Than TO BE A CHRISTIAN BROTHER and "GIVE AND FORGIVE"!

Going back to the "good old days", when we worshipped God--not gold, There was a giving, sharing spirit, with blessings of TENFOLD!

Men's hearts were enlarged to include the GOD WHO MADE THEM FREE....

If it was good for our fore-fathers, why not for YOU AND ME?

May that very same Spirit of God be OURS, today, and lead us on to VICTORY!

INDEPENDENCE IS DEPENDENCE ON GOD--it's a sure way to win!

It's the good way we started and we can DO IT AGAIN!

If we would REALLY TRUST IN GOD in all our ways and everythings,

"OUR COUNTRY" will become "GCD'S COUNTRY", once again....

And we, the people of a Great Nation will always hear....

those bells of FREEDOM R-I-N-G!

....from the pen and heart of

....the "real author of Liberty" and me,

Elsie Fiegland Nass

With blessings for the Fourth and a blessed henceforth.



F-or the "FOURTH" and "HENCEFORTH",

may "FREEDOM" reign!

O'-er the "LAND OF THE FREE"-
may "PEACE" remain!

U-nder the "RED, WHITE and BLUE"-
may we stand "for the right"!

R-ighteousness truly exalts a nation,

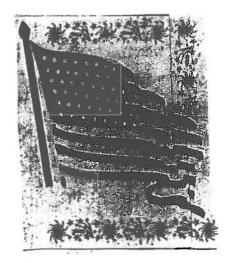
as with God we unite!

T-his is HOW it all began...and it's

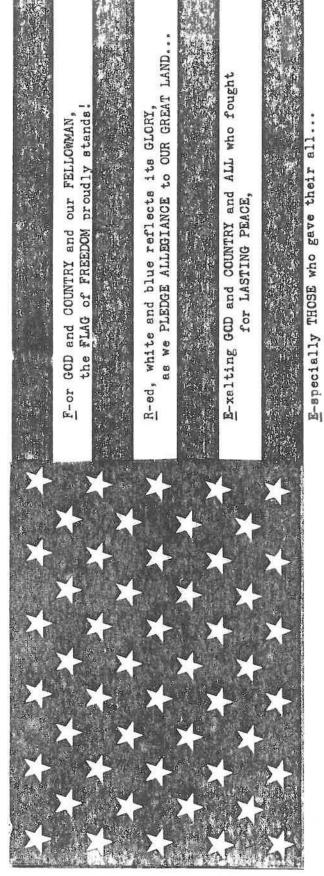
still "THE WAY TO TRUST", today!

H-ow grand to be a "part of it all"...

with "GOD" and "THE GOOD OLE U.S.A"!



...from the pen and heart of my God and me, gratefully, an American, to be!



let's humbly THANK THEM "on our knees":

D-o not take "CUR LIBERTY" for granted, for its price is far TOO HIGH to PAY--

O-thers paid the PRICE OF FREEDOM for and passed it down along the way! M-ay "we" leave behind a HERITAGE of BROTHERHOOD that all the world might FREEDOM, also, know!

from the pen and heart of my God and me, Elsie Fiegland Nass

Elsie Flegland Nass
grateful to be a FREE AMERICAN

Han Oule 1995

IN ALL THINGS, GIVE THANKS

THANKSGIVING is the time for FALL and fall-ing leaves, a time for falling, falling on our knees;

And then arise to newer heights and thankful be-thankful for the life God gave to YOU AND ME!

THANKFUL for life's blessings, and the bounties of the years!

THANKFUL for life's sunshine and its showers --

for helping us SMILE right through our tears!
THANKFUL for the little things in LIFE that really mean so much—
For these, in turn, become the greater things that gold and silver
cannot touch!

THANKFUL for the earth, the air, the sea...the heavens and the sky! THANKFUL for life's rainbow of HOPE AND PEACE, and for each new day

that dawns on High!

THANKFUL for each night that fades away, with a dreamer's slumbering yawn! THANKFUL for God's glorious, glowing sunset...and that breathless sunrise at early dawn!

THANKFUL for our daily bread, and especially for our Spiritual Bread of Life! THANKFUL for our families. homes and friends...and for true love,

instead of strife!

THANKFUL for STRENGTH and renewed health, to enjoy the fruits of our labors!

THANKFUL for good appetites to eat and relax, as we break bread with our neighbors!

THANKFUL for the clear, cool springs of waters, that quench our dying thirst!

THANKFUL for GOD'S WELL OF EVER-LIVING WATERS ...

for all who SEEK GOD FIRST!!!!!

THANKFUL for our Church, our schools...our freedom and our liberty! THANKFUL for Salvation through the Son of God,

that truly, truly sets us free!

THANKFUL FOR OUR GOD, HIMSELF, who freely gives us all these things....

....that we, HIS HIGHEST FORM OF HIS CREATION, might know the blessings
A GRATEFUL HEART CAN BRING!



....from the heart and pen ofmy God and me, gratefully,

Elsie Fiegland Nass

"IN EVERYTHING GIVE THANKS, FOR THIS IS THE WILL OF GOD IN CHRIST JESUS, CONCERNING YOU." I Thesealonians 5:18

THANK YOU

THANKS FOR FREEDOM--freedom to GIVE THANKS
for things that "set us free":
THANKS FOR FREEDOM--freedom from
want of TRUTH AND LIBERTY!
THANKS FOR REAL LIBERTY that
Christ did give for all of us!
THANKS FOR TRUTH that liberates
through God's own righteousness!

THANKS FOR LIFE that KEEPS US LIVING,

day by day by day—

Living, loving, caring, and sharing
along the way!

THANKS FOR GIVING US our daily bread
and our spiritual food!

THANKS FOR OUR friends and neighbors
and our beloved family broods!

THANKS FOR ALL the little things
that mean so very much—
THANKS FOR EVERYTHING you made for US,
by your OWN personal touch!
THANKS FOR LIBERATING "hearts of men"—
even "women's LIB"—

If it was good enough for Adam,
why not for "Adam's rib"?

THANKS FOR such "A GREAT SALVATION"

for WHOSOEVER WILL!

THANKS FOR a "changeless God" who is

"no respecter of persons", still!

THANKS FOR GCD'S full liberation that

from bondage sets us free—

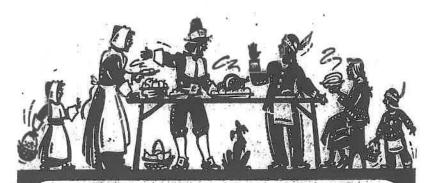
THANKS FOR THE LOVE OF GOD that reaches

EVERYONE, including...even me!

....from "ONE OF ADAM'S RIBS"....
....who was LIBERATED by the GREATEST
....LIBERATOR, that ever was...and is:

.... my God and me, ".... gratefully,

Elsie Fiegland Nass



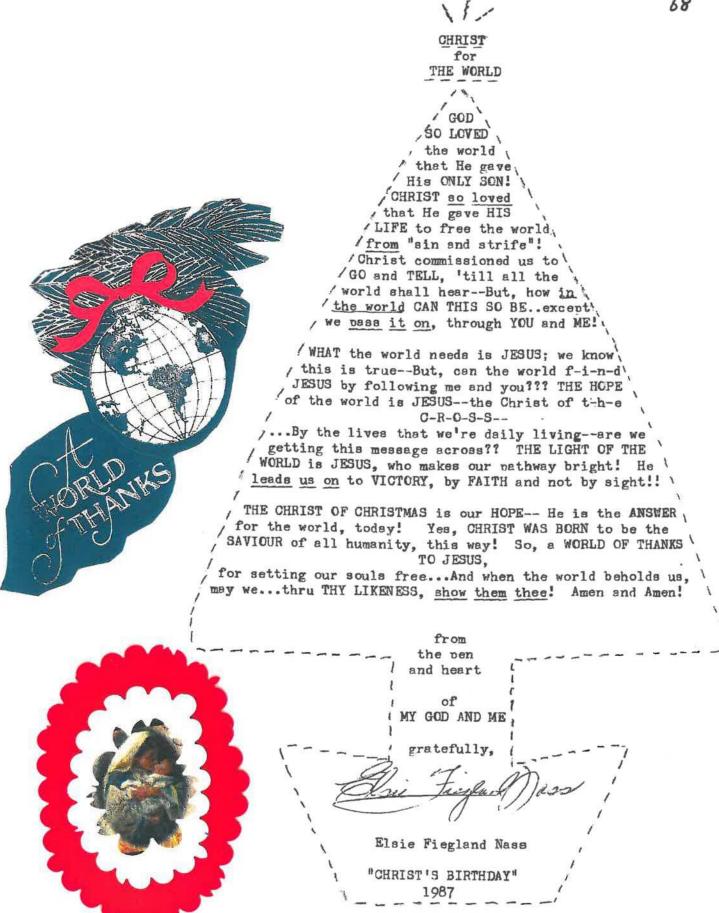
Thanksgiving is a time to reflect.

R-enember the PRICELESS HERITAGE passed down to US...from the past! E-ach day was filled with GRATITUDE that through the ages did last! F-or our FAMILY TRADITIONS that, NOW, we celebrate and share TODAY ... L-et us JOIN IN with the spirit of that very FIRST THANKSGIVING DAY! E-specially may we preserve that LIVING Heritage for generations to come--C-ounting "our blessings" through daily THANKS-LIVING for what God has done --T-hanking Him for PAST BLESSINGS that make up our PRESENT, and pave the way to FUTURE VICTORIES, yet to be won!

AMEN!

....from the grateful heart of

Elsie Nass



CHRISTMAS is "CHRIST"--the changeless Christ,
Glory to His Name!
Likewise "CHRIST" and "CHRISTMAS"
should, therefore, mean the same!
"CHRISTMAS NOW" still freely offers
PEACE AND HOPE AND JOY AND LOVE-To each and all, who seek God's guidance,
like the wisemen, from above!

If we have room for "CHRIST OF CHRISTMAS" in the "inn" part of our heart,
We'll find He is the "Christ of Everyday" and His "Presence" needn't e'er depart!

Yes, "CHRISTMAS" spells out "CHRIST", who was born to set men free-So that the whole wide world might know real liberty!

CHRISTMAS is a gift of LOVE AND JOY,
wrapped up in Heaven's Glory;
It is something that's for real,
not just a fable story!
Christmas gives us all a chance
to share the Greatest Gift of ALLGod's Gift of love from heaven,
sent to a humble manger stall!

CHRISTMAS spells out HOPE,
as it dispels all fear-Proclaiming "PEACE ON EARTH, GOOD WILL TO MEN"
for NOW and ALL THE YEARS!
Christmas is the Greatest Present
and gift anyone could find-It is God's "ever-present" presence
sent down to ALL MANKIND!

CHRISTMAS "tells it like it is"-CHRIST in MAS (and Pa's and Girls and Boys)-This spells loving, sharing, giving, caring-All a part of CHRISTMAS JOYS!

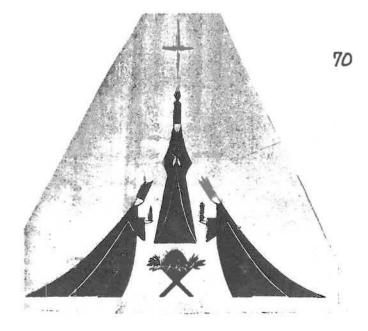
If we keep Christmas in our hearts,
where Christ can live and reign-We'll surely find THE CHRISTMAS SPIRIT,
PRAISE HIS HOLY NAME!



....from the heart and pen of

....my God and me, gratefully

Elsie Fiegland Nass



REJOICE

JOY TO THE WORLD, the Lord is come--How our hearts thrill at the GIFT OF THE SON! All heaven rejoices, as earth joins in.... For the Saviour HAS COME to save us from sin!

> The Saviour HAS COME to mend broken hearts, To heal wounded spirits and PEACE impart! The Saviour HAS COME to bring NEW HOPE--To help the discouraged "reach out" and cope!

> > The Saviour has come as a COMFORT in sorrow, To help the "lonely" face each new tomorrow! The Saviour HAS COME to take up our cares... When our burdens seem too hard to bear!

The Saviour HAS COME to <u>lift up</u> the fallen, To <u>help</u> them arise and <u>keep</u> them from falling. The Saviour HAS COME to add spice to our life, To <u>fill</u> us with LOVE and free us from strife!

The Saviour HAS COME that our JOY MIGHT BE FULL-That our cup CVERFLOW and be MORE MEANINGFUL!
The Saviour HAS COME to be our LIGHT,
That we, too, can SHINE OUT and walk upright!

The Seviour HAS COME that we might COME TO HIM,
That we might open our hearts and invite Him in!
'Twes within the heart of God that Christmas BEGAN-It is COMPLETE, only, when it touches the heart of men!

May the TRUE JOYS OF CHRISTMAS be yours, TODAY...
Not only on Christmas...but, in your hearts, always!
May the JOY OF THE LORD be yours anew...
This is my CHRISTMAS PRAYER, for you!

Amen!

from the pen and heart of my God and me, gratefully,





OHRIST is the REASON for the SEASON...

bringing PEACE and HOPE and JOY!

Yet, of course...St. Nicholas adds a touch

of love for little girls and boys!

But CHRIST is, by far, the "GREATEST GIFT

of ALL"...FOR ALL MANKIND...

Because He was born to be our Saviour...

so ETERNAL LIFE we'd find!





THANKS BE TO GOD for His unspeakable GIFTHis ONLY BEGOTTEN SON...

All wrapped up in SUGH MATCHLESS LOVE for
the World, with HOPE for everyone.

THE JOY of the LORD is truly "our source"
of strength and HOPE for each new day.
How grand to be guided by the Hand of God,
as we trust Him, all the way!



YES, CHRIST IS our GREATEST TREASURE,
worth more than gold!
HE IS our living HOPE and eternal HERITAGE,
with blessings untold.
GLORY TO GOD in the HIGHEST...for such a
Saviour..."our LORD", so divine!
THANKS be to GOD for HIS FAITHPULNESS
to "US" for 2000 years of time!



... from the pen and heart of ... the Christmas ... and me, lovingly

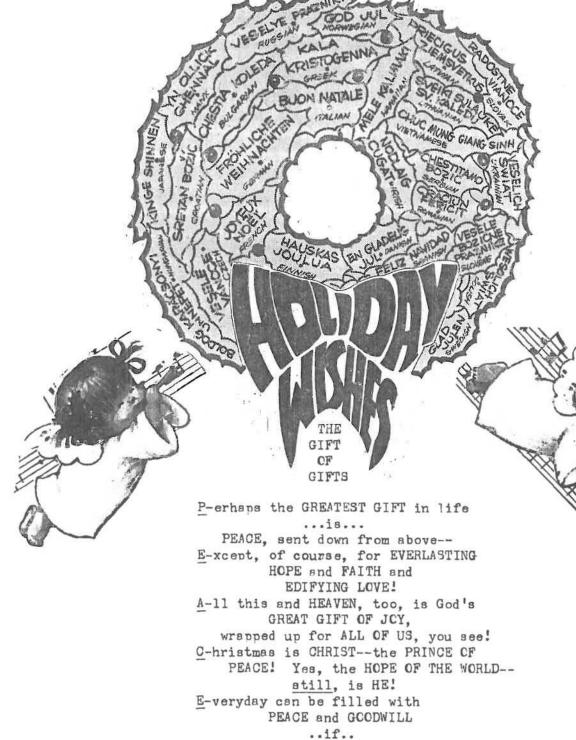
Elsie Fiegland Nass



OHRISTMAS, 1999







THE HOPE OF CHRISTMAS becomes

REALITY!

... from the pen and heart of "THE CHRIST of CHRISTmas" and me, joyfully,

Christmas, 1994

Elsie Fiegland Nass

Vie Dass

"My presence shall go with thee, and I will give thee rest."

Exodus 33:14

HE IS WITH US, STILL

G-lory to God in the Highest...and PEACE
on earth...GOCD WILL to men...
C-h, the JOY of this GLAD TIDING...as
CHRISTMAS comes to US, again:
D-on't let the outer trimmings of CHRISTMAS
crowd out the TRUE SPIRIT, within:

W-hat a wonderful PRESENT that the GIFT
of GCD'S PRESENCE brings...

I-t's something inside...in the heart,
that can't be found in material things:
T-his TRUE CHRISTMAS SPIRIT was born on
that FIRST CHRISTMAS DAY...
H-eaven came down to earth that we might
FCLLOW HIM, always!

U-nto us a child was born, to be the SAVICUR of all mankind...

S-o SEEK HIM and you will find that the CHRIST of CHRISTMAS is your HCPE for body, soul and mind!

Amen!

... from the CHRIST of CHRISTmas
... and the pen and heart of me,
... graciously, in His Love

Elsie Fiegland Nass



A MERRY CHRISTMAS

P.E A C E HOPE 1 0 X 1 0 X 10X OVE

It's a BLESSED CHRISTMAS "within" and
a Merry Christmas "without",
Yet, without the "inside of Christmas",
the real meening is left out.
Just the "outside of Xmas" with its
glitter and its glow
Does not make Christmas...
Do you think so?

When we say "MERRY CHRISTMAS", we say it
from the heart,

Because that's where the Christmas Spirit
r-e-a-l-l-y "starts!"

It's true, today...ss in "those days gone by"-When the Wise Men were led to Christmas
by the Star on High!

Praise God for spelling "CHRISTMAS" with
the "CHRIST" for all mankind,
So that wise men of all ages may
true peace and joy and new hope find!
Truly, this is CHRISTMAS, when in our hearts
we make a place for Him-For we'll find our Christmas MERRY
"outside" as well as "in"!

P.S.

May your "stockings" be filled with those lasting presents from up above...because God's PRESENCE and His PRESENTS of PEACE, LOVE, JOY and HOPE are the GREATEST PRESENTS OF ALL!

This is my gift to YOU....

From the "footprints" of time... through the LOVE that the Christ of Christmas gave to me,

Elsie Fiegland Nass

The CHRIST of Christmas

Emmanuel! Emmanuel! He is called Emmanuel...
...meaning "God with us"!
What a BLESSING to experience "CHRIST" anew
through the TRUE SPIRIT of Christmas!

Praise God, for Heaven's Gift of LCVE Divine...
that all mankind might redemption fine!
He is our Counselor, Guiding Star, Prince of Peace-bringing Good Tidings for troubled minds!

Glory to God in the Highest, for a "NEW HOPE"

That the CHRIST of CHRIST-mas...does impartNot only for Christmas but everyday, too, if....

Jesus Christ abides WITHIN our Heart!

Emmanuel! Oh, Emmanuel! Praise His Holy Name!
Yesterday, today, tomorrow, forever...
Christ Jesus is the SAME!
May God's ever-present PRESENCE with "all of us"
remain!

"Hark the Herald Angels Sing"..Oh, hear the glad refrain! Together, "let us Come and Worship" Christ our King, and Magnify His Blessed Name!

Amen!



from the pen and heart of The CHRIST of CHRISTMAS and me, gratefully

Elsie Fiegland Nass

From Christmas to Christmas Greetings

I hope and pray that everyone reading Elsie's poems will find NEW purpose in living and realize that "Jesus Is The Way" to live a joyous and victorious life on their journey to Heaven!

Elsie's poems are God's blessing to me! As I read them, I feel His Presence and Encouragement each time!

Eternal thanks to God for His inspiration, wisdom, guidance, and strength who made this book possible!

Much gratitude, Betty Beech (Elsie's Sister)

